

Plattsburg Public School

Learning from Home

Year 4

Group 2

LITERACY





YEAR 4 PE @ HOME



Choose 2 tasks to complete each day!

<p>Do star jumps while spelling out your words for the week!</p> 	 <p>Play outside for 30mins</p>	<p>Do Push ups while spelling out your name.</p> 	<p>Go for a walk with an adult from your household (if you can)</p>	<p>Choose a song or part of a song and create a dance</p>	<p>Do a squat from every letter of the alphabet!</p> 
<p><u>FITNESS CHALLENGE</u></p> <p>20 jumping jacks 10 sit ups 20 Mountain climbers 10 side-to-side jumps</p>	<p>Complete a just dance of your choice!</p> 	<p>FREE CHOICE</p>	<p><u>TRASHKETBALL!</u> Take old newspaper/scrap paper and roll it into a ball. Make 10 shots into a trash bin/laundry basket!</p>	<p>Flip a coin! <u>Heads:</u> jog in place for 1min. <u>Tails:</u> Invisible jump rope for 30 seconds. Repeat 3 times!</p>	<p>Do squats while reciting your ABCs.</p> 
<p>Do 10 sit ups Do 10 curl ups Do 10 jumping jacks <u>Repeat 3 times!</u></p>	<p>Make some paper planes with different designs and test them out. RUN after them as you test them.</p> 	<p>Have someone call out a colour and SAFELY move through the house touching items that match that colour.</p>	<p><u>Handball</u> Teach someone in your family to play handball with YOUR rules. Have a family hand ball game.</p>	<p><u>Broomball!</u> Find a broom, use a ball/sock ball. Choose something to be a goal. Make 10 goals and increase the distance.</p>	<p>Sing/Listen to your favourite song while you practice your push ups or hold a push up position.</p> 
<p><u>FITNESS CHALLENGE</u></p> <p>20 High knees 40 second plank Jog in place for 30sec 10 sit ups</p>	<p>Do as many sit ups as your can in 30 seconds. Repeat 3-5 times. <u>You are allowed to take a break</u></p>	<p><u>Basketball Day</u> Do: 10 fake Shots 5 fake dunks 5 fake passes <u>Repeat 2-5 times</u></p>	<p><u>Sock Toss!</u> Roll a sock or 2 into a ball! Toss/catch using 2 hands, 1 hand, under the leg, catching with elbows, catching with knees! Do each 10X!</p>	<p>Do jumping jacks while you skip count. Challenge Yourself! Count by 1's, 2's, 5's or 10's.</p>	<p>Do a warm up stretching routine or yoga pose every time you watch TV. Hold each stretch for 10-15 seconds.</p>
<p>Do humping jacks during each commercial while watching your favourite TV show! Count them!</p>	<p>Count how long you can hold a plank. Take a short break and then try again.</p>	<p>Do jump rope while reciting the alphabet (or pretend jump)!</p> 	<p>Draw a hopscotch and play with your family</p> 	<p>Make you own fitness course to do at home in the backyard. Do the fitness course and see if you can improve it.</p>	<p>See how long you can juggle 2 or 3 balls. Get a family member to time you.</p>

Spelling List

The words in this list represent words that have an eks sound at the start of the word and begin with the letters **exc**.

Rule #1: If the exc - is followed by e or I, the sound is a soft
/ekss/.

Rule #2: If the exc - is followed by any other letter, the c part of
the exc-is a harder /k/ sound.

Excel

Excellent

Excuse

Exciting

Exceptional

Practise Your Words!



Look



Say



Cover



Write



Check

Words	Monday	Tuesday	Wednesday	Thursday	Friday

Spelling Selection

Practise your spelling words by selecting two spelling activities to do each day.



Monday

1 Upper and Lower
Write each of your words out two times. Write in uppercase the first time and lowercase the second time.

2 Curly Words

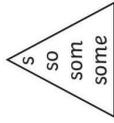
Write out your words in your neatest handwriting. Then, write them again in curly letters.

3 Rainbow Words

Write out your words with a pencil. Next, draw around each letter five more times using different coloured pencils.

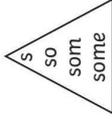
4 Pyramid Writing

Write each of your words inside a pyramid.



Tuesday

1 Pyramid Writing
Write each of your words inside a pyramid.



2 Fancy Letters

Write each of your words in fancy writing. Your letters could be curly, dotty, or whatever you decide!

3 Join the Dots

Write each of your words using dots. Then, join the dots with a coloured pencil to make your word.

4 Curly Words

Write out your words in your neatest handwriting. Then, write them again in curly letters.



Wednesday

1 Upper and Lower
Write each of your words out two times. Write in uppercase the first time and lowercase the second time.

2 Rainbow Words

Write out your words with a pencil. Next, draw around each letter five more times using different coloured pencils.

3 Fancy Letters

Write each of your words in fancy writing. Your letters could be curly, dotty, or whatever you decide!

4 Join the Dots

Write each of your words using dots. Then, join the dots with a coloured pencil to make your word.



Thursday

1 Air Writing
Write each of your words in the air with your finger. Ask someone to read your words as you write.

2 Blue Vowels

Write out each of your words. Then, go over the vowels in each word using a blue pencil.

3 Spelling Flowers

Draw a big flower. Write one of your spelling words on each petal.

4 Backwards Words

Write each of your words out forwards. Then, write them all backwards.



Friday

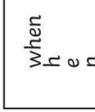
1 Blue Vowels
Write out each of your words. Then, go over the vowels in each word using a blue pencil.

2 Tell a Story

Use all of your words to tell a short story. Underline each spelling word with a ruler and pencil.

3 Across and Down

Write your words across and down, sharing the same first letter.



4 ABC Order

Write your words in alphabetical order.

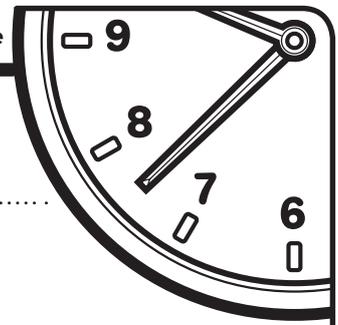




Monday

Minute 20

More on verb tense



Name: Date:

For Questions 1–6, write the correct verb in each sentence.

(Hint: When something happens now, it is present tense. When something has happened already, it is past tense.)

Present tense	Past tense
1. The dog (scratches scratched) himself.	2. I my (scratches scratched) itchy arm.
3. I when I (yawned yawn) am sleepy.	4. She all (yawned yawn) morning.
5. We with (write wrote) pink pens.	6. My friends (write wrote) a poem.

For Questions 7–10, circle the correct verb in each sentence.

7. My birthday (is, was) later this month.
8. He (rakes, raked) the leaves yesterday.
9. Sunflowers (look, looked) pretty when they grow tall.
10. Sammy (bowl, bowled) in last week's game.

My score:

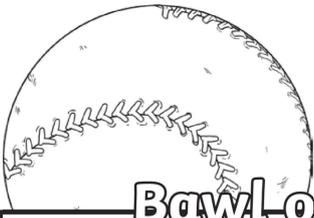
10

My time:

..... minutes seconds

Homophones 1

Fill each gap with the correct homophone.



~~Bawl or Ball?~~

He threw the _____ a great distance.

The baby would _____ all through the night.

My purple _____ burst!

I could hear a _____ coming from the cage.

My, how you've _____!

The entire class would _____ when it was time for a test.

~~Grown or Groan?~~

~~Great or Grate?~~

Please _____ the cheese for the pizza.

I had a _____ time at the party!

It was Millie's turn to clean the fire _____.

I could _____ the sound of waves crashing.

Come over _____, right now!

Can you _____ that spooky sound?

~~Hear or Here?~~



~~Break or Brake?~~

Be careful not to _____ your new toy.

The driver had to _____ suddenly.

The burglar was excited to _____ into the huge house.



Shameemah had a blister on her _____.

A doctor's job is to _____ people.

The cast will _____ your broken arm.

~~Heel or Heal?~~

Stuck

Today you are going to write a narrative or story. The idea for your story is 'Stuck'.

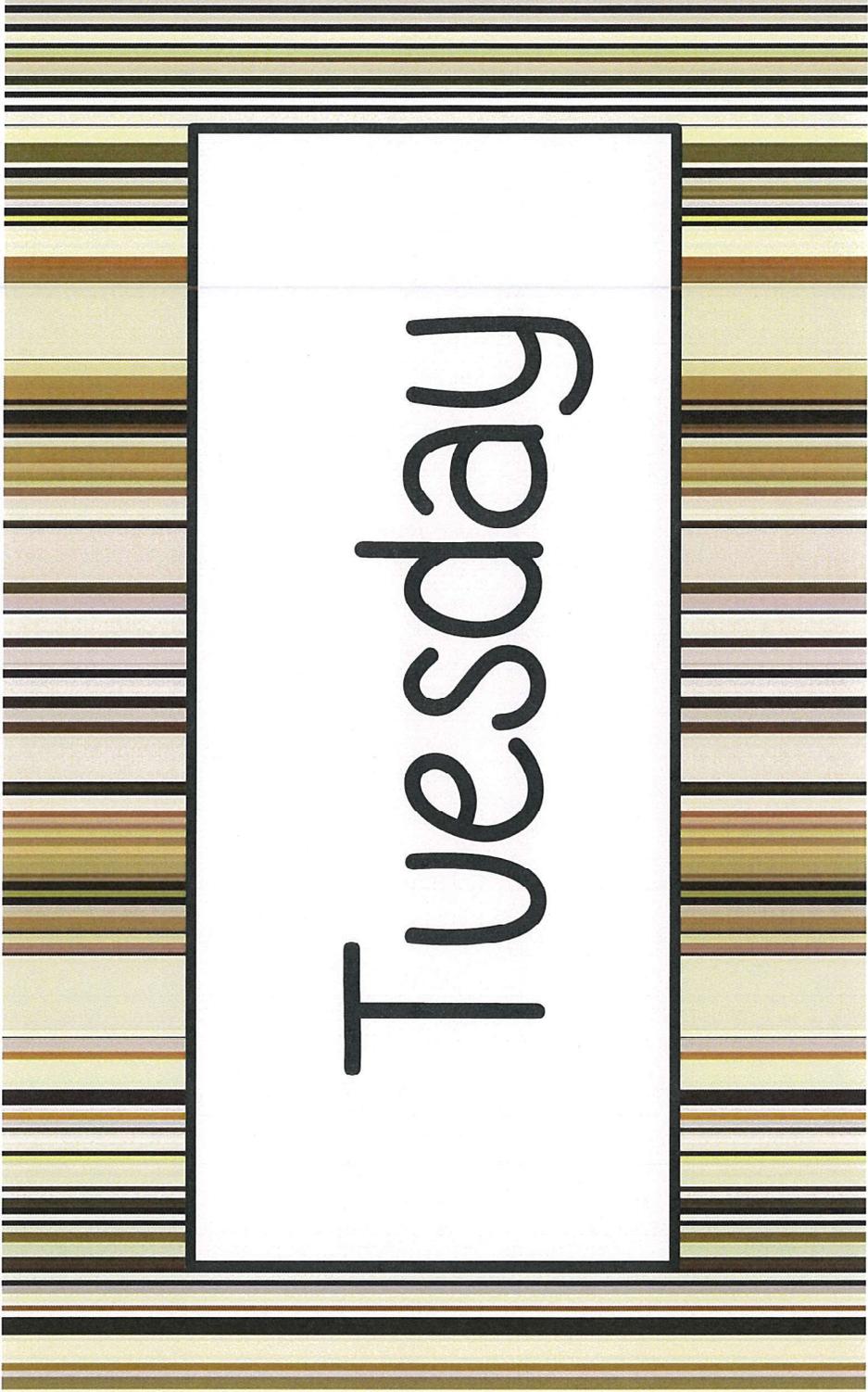
It could be a person, object or animal that is stuck in your story. Where are they stuck? How did they get there? What will happen to them?

Think about the following:

- Who are your characters?
- Where is your story set?
- What is the problem or complication and how will it be solved?
- How will your story end?

Remember to:

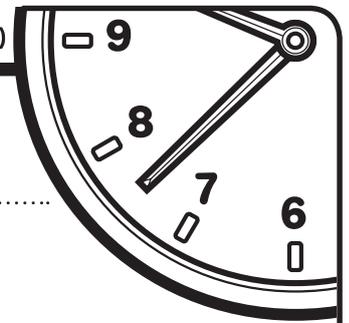
- Plan your story with a beginning, middle and end.
- Organise your ideas into paragraphs.
- Choose your words carefully to entertain the reader.
- Write in sentences.
- Pay attention to your spelling and punctuation.
- Check and edit your work carefully.



Tuesday

Minute 21

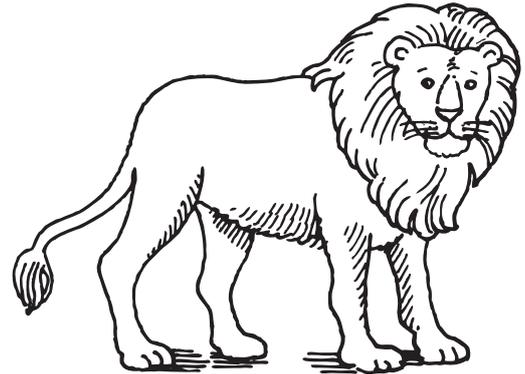
Linking verbs (is, are, am)



Name: Date:

Circle the correct verb (is, are, or am) in each sentence.

1. My name (is, are, am) Johnny.
2. The leaves (is, are, am) yellow.
3. I (is, are, am) the star of the play.
4. The dog (is, are, am) well trained.
5. My mum (is, are, am) the president of his company.
6. My family (is, are, am) at the hockey game.
7. A lion (is, are, am) a strong animal.
8. I (is, are, am) afraid of the dark.
9. There (is, are, am) five birds in the cage.
10. The flower garden (is, are, am) colourful.



My score:

10

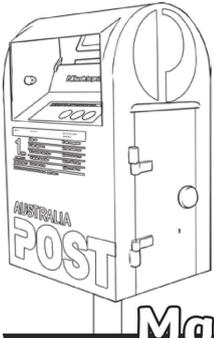
My time:

.....
minutes

.....
seconds

Homophones 2

Fill each gap with the correct homophone.



Mail or Male?

The _____ tabby cat had a long tail.

Mr Phillips, our postman, delivers our _____.

The _____ toilet block was out of order.



Fair or Fare?

My family enjoyed a day at the _____.

Dad's daily train _____ is \$8.

Ling always plays _____ during soccer.

Scene or Seen?

Please do not make a _____!

Thomas didn't want to be _____ sneaking out of bed.

The final _____ of the movie was terrifying!

The lion had a long, golden _____.

Mum drove us down the _____ street of town.

The horse's _____ was silky and soft.

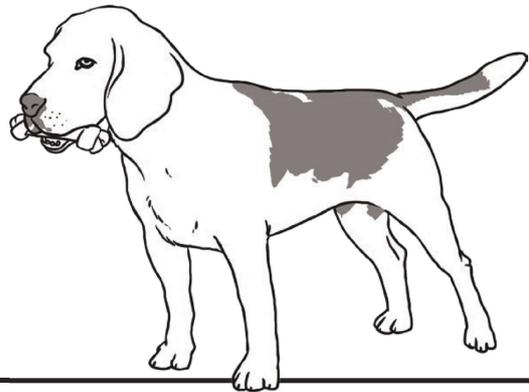
Main or Mane?

The _____ landed smoothly.

Samir likes to eat _____ tasting food.

Can you see those horses running on the _____?

Plane or Plain?



Lucy was digging to _____ her bone.

Harry baked a _____ cheesecake.

The new puppy liked to _____ toys and dig them up later.

Berry or Bury?



What are the 5 food groups?

In the space below, write down the 5 food groups. **Add an example for each one.** Once you think you have all 5, check your answers on the next slide of the PowerPoint

1.

2.

3.

4.

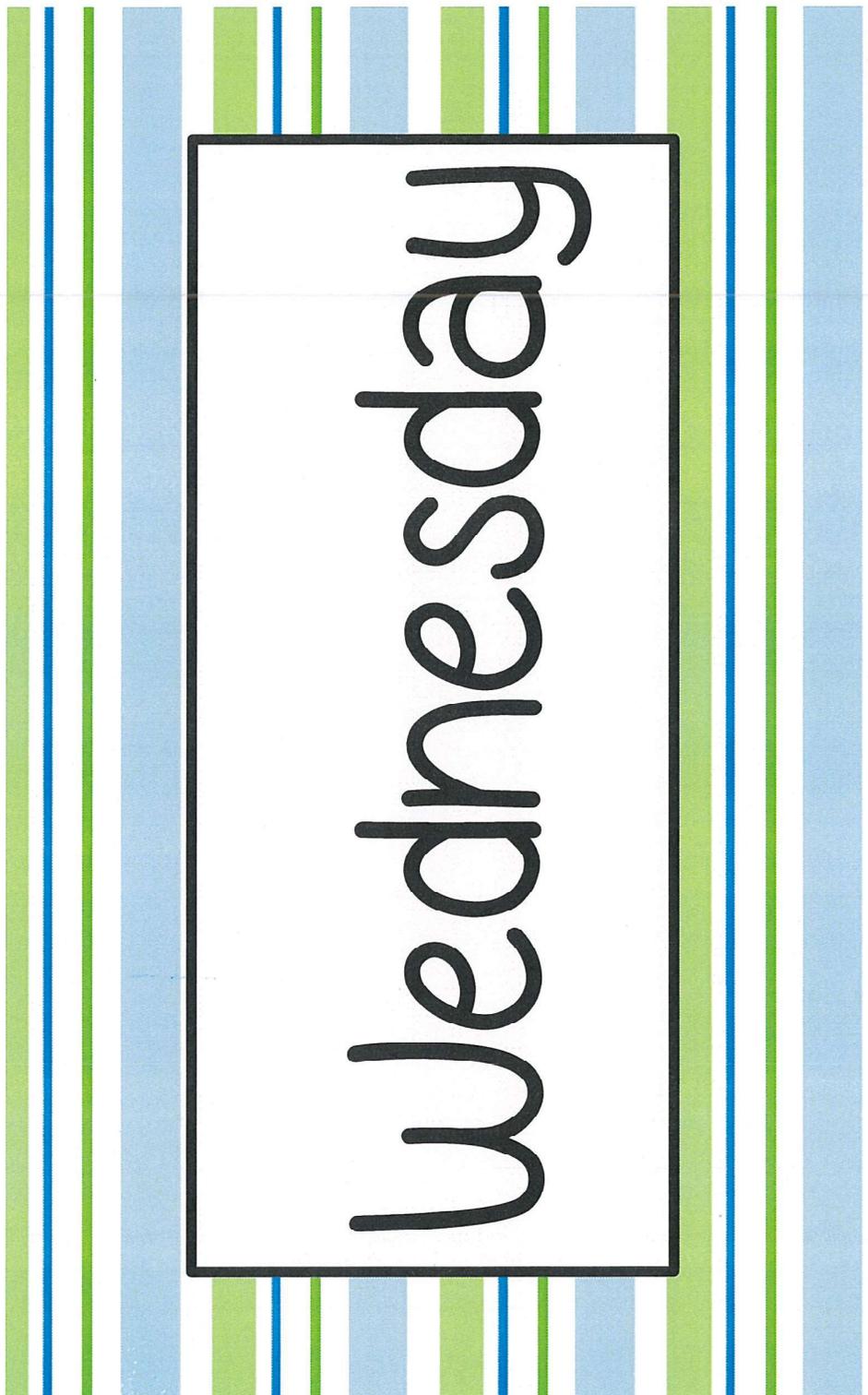
5.



My Food Diary

In the table below, write down all of the foods that you consumed yesterday.

Breakfast	
Lunch	
Dinner	
Snacks	
Drinks	



Wednesday

Minute 22

Linking verbs (was, were)



Name: Date:

Circle the correct verb (was or were) in each sentence.

1. The cow (was, were) on the grass.
2. The sun (was, were) so hot, the plants died.
3. The children (was, were) excited about the party.
4. The book (was, were) under the desk.
5. Our costumes (was, were) the best ones.
6. Kathy (was, were) asleep all day!
7. The dolphins (was, were) fun to watch.
8. The cake (was, were) yummy!
9. The streets (was, were) wet from the rain.
10. The spider (was, were) on the window.



My score:

10

My time:

.....
minutes

.....
seconds

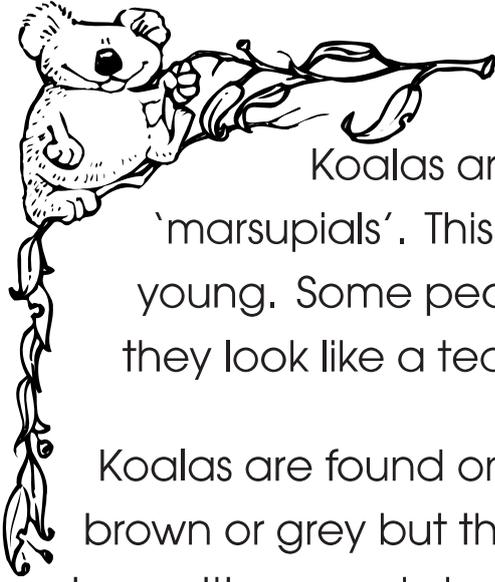
Commonly Confused Words

Your, You're

Complete these sentences using the correct words. The first **two** have been done for you.

1. Where did you get **your** shoes from?
2. **You're** trying really hard.
3. When is _____ birthday?
4. Is that _____ coat?
5. _____ welcome to share my colouring pencils.
6. Eat an apple if _____ hungry.
7. I saw _____ mum yesterday.
8. Do you know where _____ going on holiday?
9. Don't forget _____ manners.
10. _____ a lovely young girl.
11. On _____ marks, get set, go!
12. When _____ feeling better, we will go to the beach.





Koalas

Koalas are special kinds of mammals called 'marsupials'. This means they have a pouch for their young. Some people call koalas 'koala bears' because they look like a teddy bear. This is not their proper name.

Koalas are found only in Australia. Their thick fur is coloured brown or grey but their bellies are white. Koalas have long toes with curved, sharp claws. They use these to grip the branches of the eucalypt trees in which they live. Koalas eat only the leaves of these trees. They sleep nearly all the time and feed for a few hours each night.

The word 'koala' is an Aboriginal word meaning 'no drink'. Koalas get the water they need from the leaves they eat.



Write key words to make notes about koalas.

These questions will help you.

1. What type of animal is a koala?
2. What does a koala look like?
3. What does a koala eat and drink?

• _____	• _____
• _____	• _____
• _____	• _____
• _____	• _____
• _____	• _____

Koalas

Koalas are special kinds of mammals _____¹
'marsupials'. This means they have a _____² for
their young. Some people call _____³ 'koala
bears' because they look like _____⁴ teddy
bear. This is not their _____⁵ name.



Koalas are found only in _____⁶.
Their thick fur is coloured brown
_____⁷ grey but their bellies are white.



_____⁸ have long toes with curved, sharp
_____⁹. They use these to grip
the _____¹⁰ of the eucalypt
trees in which _____¹¹ live.

Koalas eat only the leaves _____¹² these trees.
They sleep nearly all _____¹³ time and feed for
a few _____¹⁴ each night.

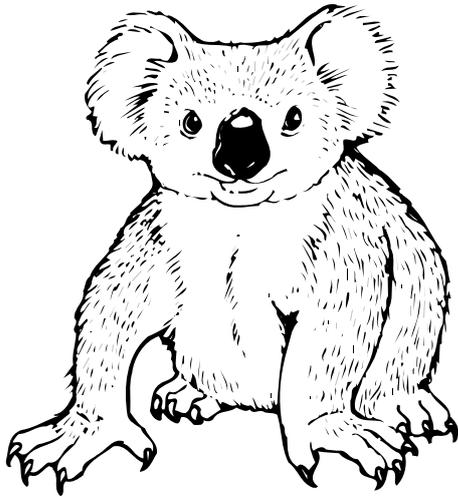
The word 'koala' is _____¹⁵ Aboriginal word
meaning 'no drink'. Koalas _____¹⁶ the water
they need from the _____¹⁷ they eat.

Koalas

1. What type of mammal is the koala? _____

2. Why do some people think the koala is a type of bear?

3. Colour the koala correctly. 4. Describe how a koala grips the branches of the trees.



5. What do koalas eat? _____

6. What does the word 'koala' mean? _____

7. Would a koala enjoy exercise? _____

Why/Why not? _____

8. Find these words in the word search.

koala mammal drink

brown bear claws

eat sleep

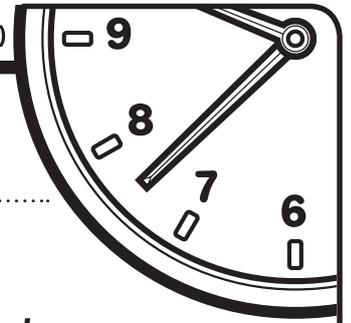
B	R	O	W	N	A	E	K
E	C	L	A	W	S	A	O
A	S	L	E	E	P	T	A
R	B	M	A	M	M	A	L
D	R	I	N	K	C	D	A



Thursday

Minute 23

Linking verbs (*have, has, had*)



Name: Date:

Circle the correct verb (have, has, or had) in each sentence.

1. We now (have, has, had) three computers in our classroom.
2. The teacher also (have, has, had) her own computer now.
3. Joey and Sam (have, has, had) the same lunch today.
4. Sarah and Huong (have, has, had) a test tomorrow.
5. Our teacher (have, has, had) a little dog.
6. These trees always (have, has, had) lots of leaves.
7. My cousin (have, has, had) a cold right now.
8. We (have, has, had) pizza for lunch yesterday.
9. Rick and Larry (have, has, had) fun last summer.
10. The biscuits I am making (have, has, had) nuts in them.

My score:

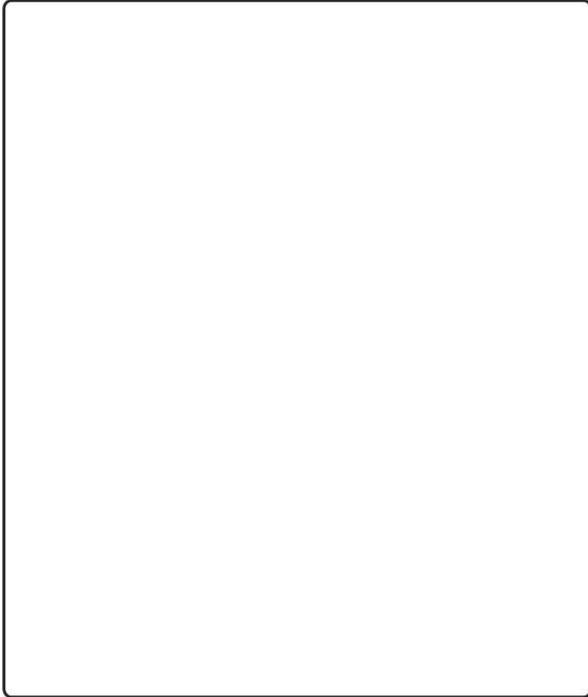
10

My time:

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minutes

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seconds

Draw a picture of your character:



My character's name is:

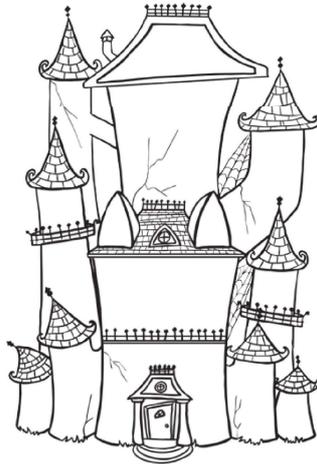
Circle the words that describe your character:

caring likeable happy
beautiful friendly rude
angry ugly sly evil
clever handsome kind
honest nasty gentle
pretty wicked cross
grumpy horrible brave
shy mean noble
polite wise calm bold
helpful scary smart
furious cunning generous
unkind cruel charming

Can you write a paragraph about your character?

Narrative: Escape Plan!

Bang! The door slammed shut behind me. I was in a strange building that had a weird smell. It was dark, cold and I was trapped! My imagination began to wander. Is this building haunted? How was I going to escape? I thought to myself, 'how would anybody find me?' I saw a light shining under a door and I suddenly had an idea...



Think about:

- Heading/title
- Orientation or introduction
- The types of characters and setting
- The complication or problem
- The sequence or series of events
- Resolution or conclusion - how the story will end

Remember to:

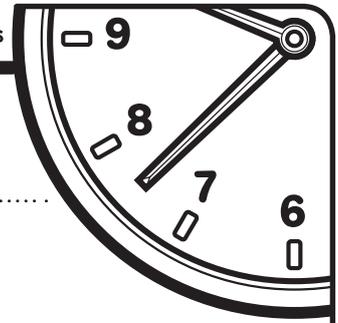
- plan your story;
- write in sentences;
- focus on your spelling, punctuation, grammar and paragraphs;
- check your spelling and edit your writing when you have finished.



Friday

Minute 24

Adjectives



Name: Date:

Circle the adjective (describing word) in each sentence.

(Hint: Each sentence has one adjective to circle.)

1. The grey puppy licked his paws.
2. The strawberries are sweet.
3. There are five birds in the sky.
4. Kim drew a pretty picture of a rainbow.

5. I tasted the sour lemon.

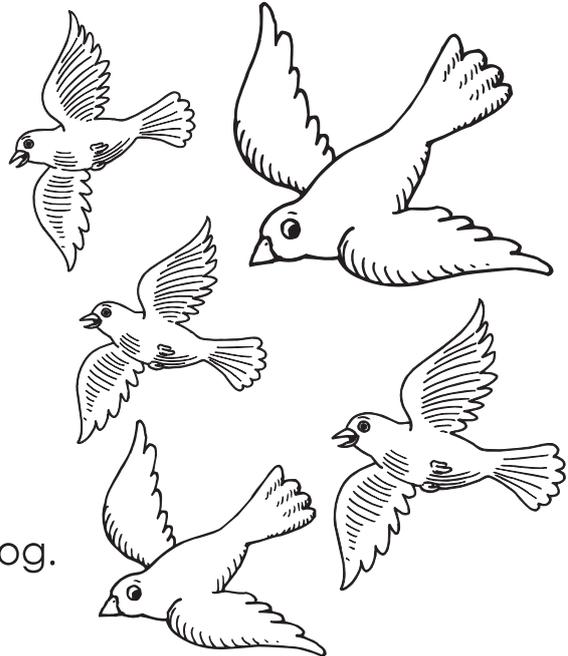
6. The tiny mouse ran into the hole.

7. My father likes green apples.

8. The loud music hurts my ears.

9. The cat was chased by a mean dog.

10. The little girl's hamster died.



My score:

10

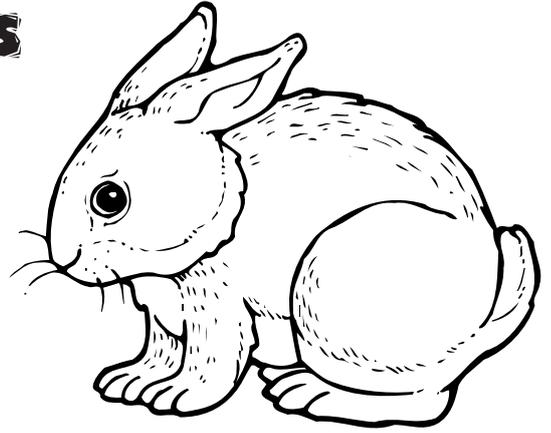
My time:

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minutes

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seconds

Rabbits

Rabbits are furry mammals with long ears and short fluffy tails. Most animals walk or run but rabbits hop. Their back legs are strong and help them to hop. They use their front legs for balance, cleaning and feeding.



Rabbits' eyes are on the sides of their head. This means they can see things to the side and behind better than they can see things in front. Rabbits also have very good hearing and sense of smell. They can see, hear and smell danger quickly.

Rabbits live wild in most parts of the world. They eat many kinds of plants and can become pests to farmers. Many people keep rabbits as pets.



Write key words to make notes about rabbits.

These question will help you.

1. What type of animal is a rabbit?
2. How does a rabbit move?
3. What helps a rabbit to know when there is danger?

• _____	• _____
• _____	• _____
• _____	• _____
• _____	• _____
• _____	• _____

Rabbits

Rabbits are furry mammals with long _____¹ and short fluffy tails. Most animals _____² or run but rabbits hop. Their _____³ legs are strong and help them _____⁴ hop. They use their front legs _____⁵ balance, cleaning and feeding.

Rabbits' eyes _____⁶ on the sides of their head.

_____⁷ means they can see things

to _____⁸ side and behind

better than they _____⁹

see things in front. Rabbits also

_____¹⁰ very good

hearing and sense of _____¹¹.

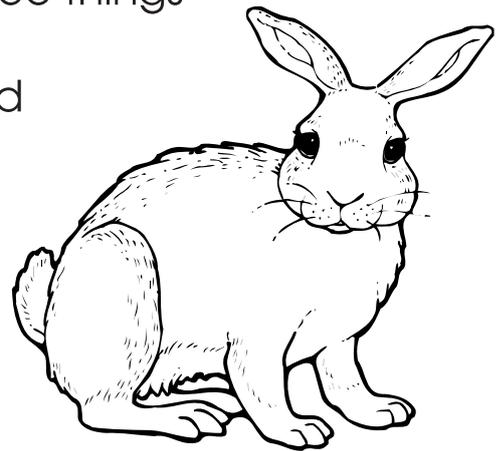
They can see, hear and smell _____¹² quickly.

Rabbits live wild in most _____¹³ of the world.

They eat many _____¹⁴ of plants and can

become pests _____¹⁵ farmers. Many people

keep rabbits as _____¹⁶.



Rabbits

1. Describe what a rabbit looks like. _____

2. What does a rabbit use its front legs for? _____

3. Rabbits can...

walk. swim. fly. hop. run.

4. Why can a rabbit see better behind and to the side of itself?

5. Why do you think rabbits can become pests?

6. Complete these words from the story.

r _____ i _____

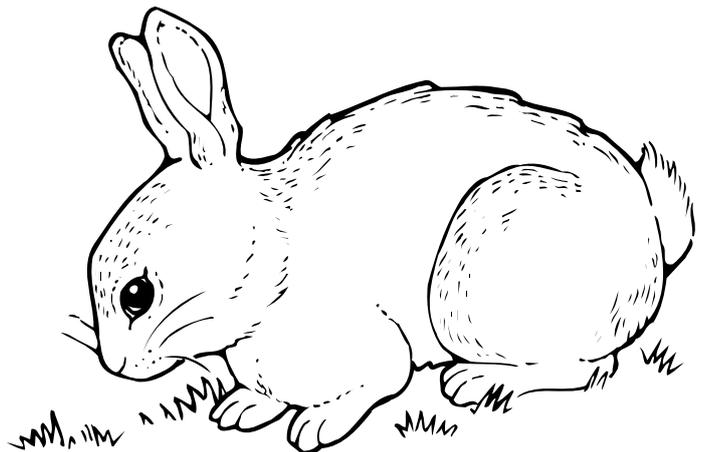
m _____ m _____ ls

p _____ ts

f _____ m _____ r _____

d _____ n _____ e _____

f _____ r _____ y



Endangered Animal Research Report

Animal: _____

Type:

Amphibian Mammal Bird Fish Insect Reptile

Animal Profile

- Height: _____
- Weight: _____
- Colour: _____
- Food: _____
- Habitat: _____
- Lifespan: _____

This animal is endangered because _____

Three interesting facts:

1. _____
2. _____
3. _____

Picture: