## Addition (+) and subtraction (-) mental strategies (doing maths in your head)

We teach children a range of different ways to add and subtract numbers. We want them to look for patterns and use them as much as they can. We want them to have good number sense - an understanding of how and why different ways to add and subtract work well.

The goal is for them to be able to do it in their head in a way that makes sense to them.
To develop number sense, students learn:

| Counting on and <br> counting back | $14+3 \ldots$ <br> start at 14, then count on to 17 ie $15,16,17$. <br> $12-3 \ldots$ <br> start at 12 then count back to 9, ie $11,10,9$. |
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| To bridge to 10 | Find the nearest 10 eg $17+5 ; 17$ and 3 is 20 <br> and add 2 more |
| To pull numbers apart | $5=2+3$ so $8+5=(8+2)+3=13$ <br> $24=20+4$ so $66+24=(66+4)+20=90$ <br> Addition facts to 10 |
| Doubles | $1+1,2+2,3+3,4+4$ |
| Doubles +1 | $1+2,2+3,3+4,4+5$ |

Splitting numbers into 10s and ones

| Counting up in 10s | eg 5, 15, 25, 35, 45 or 2, 12, 22, 32 etc for 58 <br> +30 start at 58, then think 68, 78, 88 |
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| Counting down in 10s | eg 97, 87, 77, 67, 57 for 85 - 40 start at 85, <br> then think 75, 65, 55, 45 |
| Easy combinations that add <br> up to $\mathbf{1 0}$ | $5+4+9+1+6=5+(4+6)+(9+1)$ |
| Easy combinations that add <br> up to 50, 75 and 100 | $45+80+55+20=(80+20)+(45+55)$ <br> $=200$ |
| You can add in any order but <br> not subtract in any order | $36+45=45+36$ but $76-32 \neq 32-76$ |

