

Daily Timetable

	Online	Non-Digital
Morning	Literacy (pink section) Read Theory Online Program (20-30mins).	Literacy (pink section) Read a book/newspaper/catalogue of your choice.
	Choose two – three Literacy activities of your choice.	Choose two – three Literacy activities of your choice.
	Fruit Break – Listen to a chosen book from Storyline online.	Fruit Break – Colour-in, draw or listen to someone read.
Recess		
Middle	Numeracy (blue section)	Numeracy (blue section)
	Choose two – three Numeracy activities of your choice.	Choose two – three Numeracy activities of your choice.
	Health and Wellbeing	Health and Wellbeing
	Cosmic Kids Yoga / PE with Joe (youtube).	Meditate / Listen to your favourite music / Dance to your favourite song.
	Meditate / Listen to your favourite music / Dance to your favourite song.	
	PE Activity Grid (green section)	PE Activity Grid (green section)
Lunch		
Afternoon	Complete an activity from the Science or History Learning Grid.	Complete an activity from the Science or History Learning Grid.
Reminder: Please complete your weekly coding activity from Miss Rebecca.		