



Newsletter

Important Dates

Friday

14th December 2018

Presentation Day-9.30am
Christmas in the Gully-2pm

Monday

17th December 2018

Book Pack Orders Due

Wednesday

19th December 2018

Last day of Term 4 for
students

Wednesday

30th January 2019

First Day of Term 1
for Students

Principals Message -

Finally, the new play equipment is able to be used. Kindergarten christened it on Tuesday afternoon and had a wonderful time. What was special were the many thank yous they gave for having such great equipment to play on. Thank you to the families that supported the P&C in their fund raising.

Last week Year 6 completed their CPR training with Royal Life Saving. With a 30 year background in Life Saving I am passionate about the teaching of CPR. Our P&C are providing a defibrillator to the school in 2019 and will be organising training in its use as well as CPR. Keep an eye out for this training and think about joining in. This is a nationally recognised course and you will receive a certificate of accreditation.

Big thank you to all our volunteers who turned out to help at the Digital Media Festival held this year at Waratah High. This is always a fun event. Check out the photos in this edition of our dancers performing at this event - they were spectacular. This issue also has a reminder to order 2019 book packs. Our book packs are the most economical you will find and will set your child up for a great start to their new school year.

DON'T MISS OUT! BOOK PACK ORDERS DUE 17th DECEMBER

Time is running out to order your child their 2019 bookpack. **Average cost is only \$12.** To order your student a book pack, login using the following instructions:-

1. Go to www.kookaburra.com.au/login (you do not need to register)
2. **Enter User Name: PLATT002 (The first 5 characters are letters and the last three characters are numbers) Enter Password: Student9**
3. Select Student Packs.
4. Select your student's 2019 Year Level.
5. Add the quantity next to products required by your child, in the "Quantity" box.
6. Once you have added all items required, click "Add selected items to cart".
7. If you have another child to shop for, select their 2019 year level from the drop down and add their items to your cart.
8. When you've finished shopping for your child/ren, click on the cart icon in the header to go to the cart and complete your order.
9. Review your cart, then click "Continue to Checkout".
10. All book packs will be delivered to the school.

Salvation Army Christmas Appeal

We were overwhelmed by the generosity of our families in support of the Salvation Army Christmas Appeal. All gifts will go towards those in need to make Christmas special for all children.



Sadie of 2A



Dylan and Alexis during daily reading. Their fluency is so good it's put Sadie to sleep.

Research into the effects of therapy dogs in schools is showing a range of benefits including:

- increase in school attendance
- gains in confidence
- decreases in learner anxiety
- behaviours resulting in improved learning outcomes, such as increases in reading and writing.

Students Entertain Koombalah Residents

On Thursday, 22nd November, the choir and Recorder groups visited Koombalah Aged Care to perform for the residents. We all had such a great time. The residents enjoyed singing along with us and loved our recorder playing. The girls were terrific and spoke to the residents and introduced themselves. There were many smiles, laughter and singing and it was a wonderful experience for all involved. Thank you to all the girls who came along. You and your parents should be very proud.



Mrs Bax's Christmas Card Competition

Congratulations to Tyson and Hayley who won Mrs Bax's 2018 Christmas Card competition. The majority of entries came from Stage 3 students and the standard was exceptionally high. The winners received a box of chocolates and a pack of their cards to give to their friends and family this Christmas.



Playground Activities

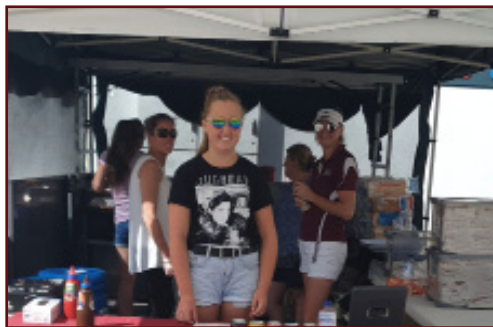
The students enjoy a number of different playground activities during lunch and recess. Recently some students have enjoyed a game of tennis with Miss Jones.

Other activities include a drawing club, skipping, oztag or just sitting under the COLA engaging in imaginative play with toys.



VOLUNTEERS

We Could Not Do It
Without You



Volunteer Appreciation

2018 has been an incredible year for fundraising for our new playground equipment. The P&C, who are also volunteers, often call upon parents and carers to help at school events. This year we have asked for volunteers at our Mother/Father's Day Stalls, Athletics Carnival, Education Week celebrations, The Greatest Showman whole school performance, Event Cinema Movie Night, Colour Run, Digital Media Festival, Bunnings BBQ and Christmas in the Gully, stapling raffle tickets, meal deals, canteen and breakfast club just to name a few events and you have never let us down. Our volunteers have packed up tents in the pouring rain, twirled fairy floss in cold gusty winds, cooked sausages in 35 degree heat, our volunteers do it for our students and we couldn't do it without them.

Thank You

Many of our parents work full time or have commitments that make them unable to volunteer, however we couldn't be without you as you always donate to raffle prizes, secure sponsors and buy tickets.

Thank You

We've included the photos on this page of the P&C Bunnings BBQ and the Fairy Floss stall at the Digital Media Festival. The stall made \$780 profit for the canteen and a profit of \$1400 was made at the Bunnings BBQ. Amazing figures that couldn't be achieved without the help of our dedicated volunteers.

Charlotte, Ella, Isabella, Sarah, Georgia recreated their beautiful "Remembrance Day dance", accompanied by the stunning voices of Maddison, Sam, Kiana and Courtney from Callaghan College Wallsend Campus singing Hallelujah at the Digital Media Festival. Despite the change in venue and inclement weather, the festival was a fantastic evening and we will be posting our video on our website shortly.



Presentation Day

We are all looking forward to our Presentation Day assembly on Friday 14th December at 9:30am on the netball courts. All welcome to celebrate the achievements of our students for 2018.

Christmas in The Gully

Christmas in The Gully will be held on Friday 14th December, the same day as Presentation Day. This year our Christmas in the Gully celebrations will be conducted between 2 p.m. and approximately 6 p.m. Please view the programme below:

TEACHER SUPERVISION BETWEEN 2p.m - 3p.m

2pm – 3pm Students with prepurchased wristbands enjoy inflatable rides and activities in the Gully. Those students who have not purchased a wristband will enjoy a movie/activities in the library.

PARENT/CARER SUPERVISION REQUIRED FROM 3p.m ONWARDS

2.50pm All students return to the COLA where rolls will be marked. Those students who have a nominated parent/carer to supervise them return to the Gully. Those students who do not have a nominated parent/carer to supervise them go home as usual.

FAMILIES ARE ABLE TO JOIN THE CELEBRATION AT A TIME CONVENIENT TO THEM

- 4pm – BBQ
- 5pm - Activities and Inflatable rides will be packed up and class performances commence
- 6pm – Pack up

Wristbands

Wristbands for unlimited use of the inflatables are \$7.50 each. Prepurchased wristbands will be given out to students by their teachers after lunch. Wristbands may also be purchased by completing the order form and returning to the P&C locked box in the office, online at www.quickcliq.com.au or during the day from the canteen.

Bike Safety

Please ensure your child/children are wearing their helmets when riding bicycles or scooters to school. We have seen a rise in the number of students who are not wearing helmets. Commencing Monday students that arrive to school without

a helmet will have their bike or scooter secured in the Administration Block until an appropriate helmet is brought to school. Parent/Carers can collect them if they prefer. Student safety is our priority.

Kindergarten Orientation

It was great to see so many parents attend the Information Session along with their children who will start Kindergarten at Plattsburg Public School next year. Miss Jasmine and Miss Amy, along with speakers from the P&C, Healthy Canteen, Salvation Army and the Commonwealth Bank provided a very informative presentation to the parents and carers. Thank you to Ms Mikulski who was on hand at every information session to assist with the ordering of school uniforms. If you have a child starting Kinder in 2019 or know someone who has, and you haven't approached the school, please collect an enrolment form as soon as possible. Planning is well underway for next year, so the sooner we have completed enrolment forms handed in the better.

Student Executive

Congratulations to our Year 5 candidates who have all presented their election speeches last week. We are all very proud of their organisation, hard work and commitment in preparing their speeches. They have all made it a hard decision on who to vote for and we wish all of them the very best of luck. Our five successful candidates will be told what position they have been elected to during our Presentation Day assembly on Friday 14th December.

Entering School Grounds

A reminder that if you are entering school grounds between 9am-2.30pm please sign in at the school office and see our admin staff. It is school policy that we require all parents to let the office know if you are on the site even if it is for something minimal such as dropping a lunchbox off. Thank you for understanding.

Changed Your Details?

Just a reminder that if you have had a change in personal details such as address or contact numbers; work, mobile or home, please ensure that you notify our office ASAP. Please note that any change of address details will require proof of address. (Documents such as a rates notice or home-related bills, such as telephone, gas or electricity, including name and address).

Behaviour

Sadly we are seeing an increase in students behaving disrespectfully. While we understand that this time of year can be

challenging for students we do not tolerate bullying or physical violence and we do not condone disrespect. The Department of Education provides us with a Suspension and Expulsion Policy which we implement diligently. We expect that our students will be Safe, Respectful and Engaged Learners throughout the year. With your support we will continue to focus on developing positive behaviours within our students and the ability to make good choices right up until the end of the school year.

Aboriginal Art

Lenny and Jachar enjoyed working with Mr Henderson and learning about traditional art techniques used by the Kamilaroi people.



Thank You Bunnings

We are so lucky to have Bunnings Wallsend support us with a donation of plants. Thanks you Bunnings and Charlotte for organising this donation, our gardens are going to look bright and beautiful.





PLATTSBURG Public School Student Packs

Plattsburg Public School - 2019

INSTRUCTIONS FOR ORDERING PACKS ONLINE

1. Go to www.kookaburra.com.au/login (you do not need to register)
2. Enter User Name: **PLATT002** (The first 5 characters are letters and the last 3 characters are numbers)
Enter Password: **Student9**
3. Select Student Packs.
4. Select your student's 2019 Year Level.
5. Add the quantity next to products required by your child, in the "Quantity" box.
6. Once you have added all items required, click "Add selected items to cart".
7. If you have another child to shop for, select their 2019 year level from the drop down and add their items to your cart.
8. When you've finished shopping for your child/ren, click on the cart icon in the header to go to the cart and complete your order.
9. Review your cart, then click "Continue to Checkout".
10. Select a Delivery Method from the drop-down and complete your delivery details.

Note: Please ensure someone will be available to receive the goods at time of delivery. All home deliveries require a signature, unless you have provided an Authority to Leave (ATL). Please be advised that once an ATL has been provided, Kookaburra can only guarantee delivery and quality up to the point that the track and trace advises us that the goods were left for you in the place indicated on your ATL.

11. Complete your child/rens names under "Student Information".
12. Add your phone number.
13. Click "Continue to Payment".
14. Select your payment method and click "Process Payment".
15. You will be emailed an order confirmation.

Your order has now been placed with Kookaburra. If you have any queries, please contact our Customer Experience Team support@kookaburra.com.au

PLEASE NOTE:

- * **The cut-off date for all orders is 17th December 2018 for delivery by 30th January 2019.**
- * Orders received after **17th December 2018** may not be delivered prior to Term 1 2019. Additional fees and charges may apply.
- * **All orders are Firm Sale (i.e. non-returnable).**



Phone: 1300 766 997 Fax: 1300 768 997
www.kookaburra.com.au

Christmas Family Night

FREE



Thursday 6th December 6pm - 8pm

**Bring the family along
for a great night of fun!**

- Santa's little helper workshops
- Gift wrapping station
- Meet Santa in store
- Light refreshments will be provided

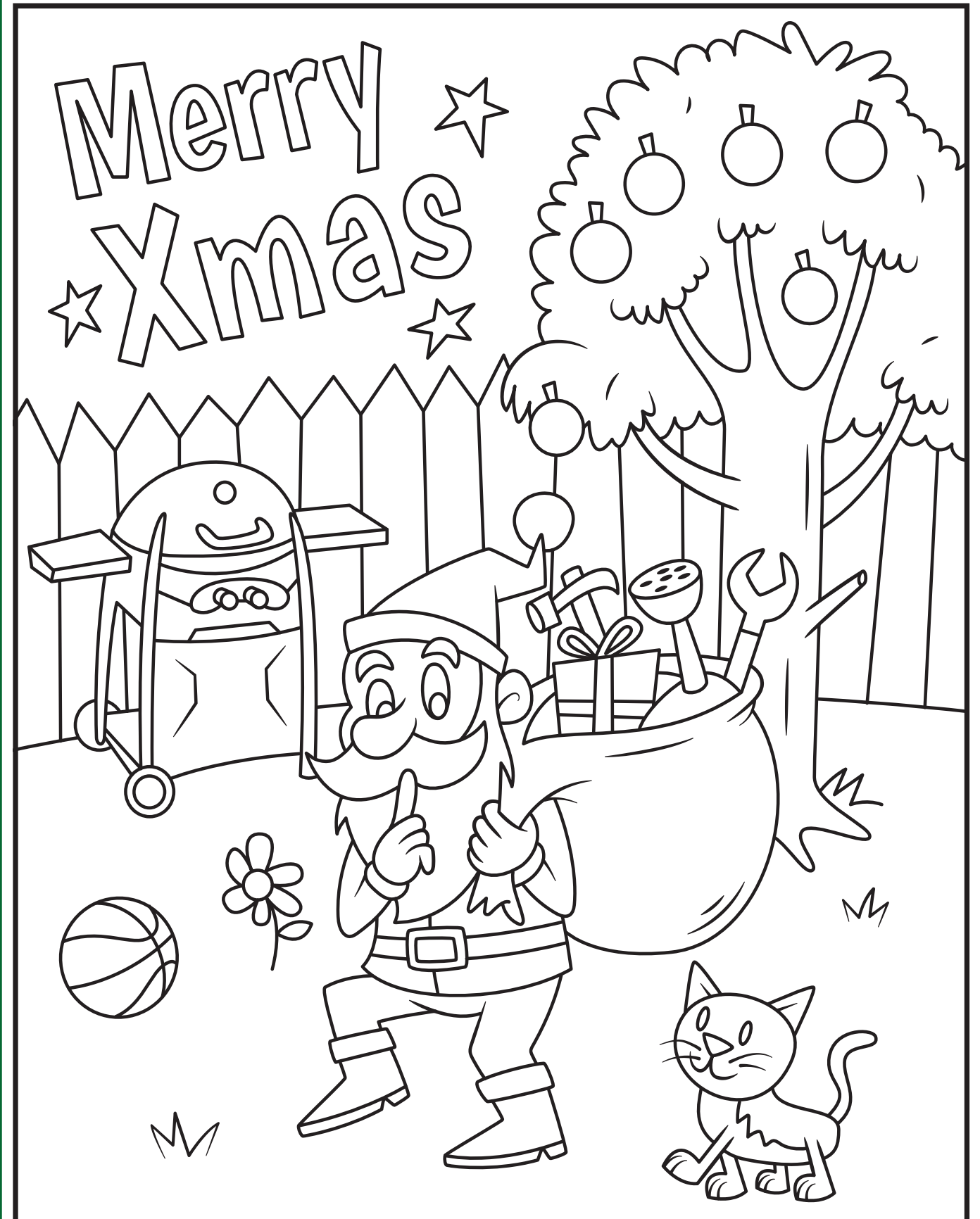
Join us in store:

- Magician Appearance
- Dinosaur Fossil Find Experience
- Jumping Castle
- Waratah Brass Band
- Face Painting & Craft
- Lucky Door Prizes

For more information ask one of our team in store or visit www.bunnings.com.au

BUNNINGS
warehouse

OUR POLICY
**LOWEST PRICES
ARE JUST THE
BEGINNING...**



To see Bunnings' amazing range of BBQ's go to www.bunnings.com.au/bbq

Name: Age: Telephone: Local Store:

Bunnings Group Ltd is giving you the chance to win \$50 worth of products or branded merchandise in our colouring competition. There will be 3 winners at each store.

All you have to do is colour in the scene above & deliver it to your local warehouse by 6pm Sunday 16th December 2018. The winners will be notified on Monday 17th December by phone.

- Competition is open to ages up to and including 12 years old
- 1 entry limit per person
- The judge's decision is final & no correspondence will be entered into
- Bunnings Group Ltd employees, suppliers & their families are ineligible to enter
- Personal information will only be used to contact the winners

BUNNINGS

BUNN4595

CANTEEN PRICE RISE!

New Prices 2019 Term 1



Milk

\$2.20

Zooper Doopers

\$0.70

Chips

\$1.20



PLATTSBURG PUBLIC SCHOOL

CANTEEN PRICE LIST TERM 1 2019

SANDWICHES, ROLLS & WRAPS

<input type="checkbox"/> Cheese	\$1.50
<input type="checkbox"/> Egg & Lettuce	\$2.00
<input type="checkbox"/> Ham	\$2.00
<input type="checkbox"/> Chicken	\$2.00
<input type="checkbox"/> Salad	\$4.50
<input type="checkbox"/> Salmon/Tuna (canned)	\$2.00
<input type="checkbox"/> Vegemite	\$1.50
<input type="checkbox"/> Honey/Jam	\$1.50

TOASTIES

<input type="checkbox"/> Cheese	\$2.00
<input type="checkbox"/> Add Ham/Chicken, Cheese, Tomato or all 3	\$2.50

DRINKS

<input type="checkbox"/> Flavoured Light Milk	\$2.20
<input type="checkbox"/> Chocolate	
<input type="checkbox"/> Strawberry	
<input type="checkbox"/> Vanilla Malt	
<input type="checkbox"/> Banana	
<input type="checkbox"/> Juice	\$2.00
<input type="checkbox"/> Apple	
<input type="checkbox"/> Orange	
<input type="checkbox"/> Apple Blackcurrant	
<input type="checkbox"/> Glee 99% Fruit Fizzy Drink	\$2.00
<input type="checkbox"/> Grape	
<input type="checkbox"/> Blackcurrant	
<input type="checkbox"/> Raspberry	
<input type="checkbox"/> Tropical	
<input type="checkbox"/> Sno Cone (lunch only)	\$1.50
<input type="checkbox"/> Water 600ml	\$1.50

ICEBLOCKS (LUNCH ONLY)

<input type="checkbox"/> Juicies	\$1.00
<input type="checkbox"/> Lemonade	
<input type="checkbox"/> Wild Berry	
<input type="checkbox"/> Ice-cream cup (low fat)	\$1.50
<input type="checkbox"/> Frozen Yoghurt	\$2.00
<input type="checkbox"/> Mango	
<input type="checkbox"/> Strawberry	
<input type="checkbox"/> Mony's (various flavours)	\$0.70
<input type="checkbox"/> Zooper Doopers	\$0.70

HOT FOOD

<input type="checkbox"/> Sausage Roll	\$1.50
<input type="checkbox"/> Party Pie	\$1.50
<input type="checkbox"/> Large Pie	\$2.50
<input type="checkbox"/> Pizza	\$2.00
<input type="checkbox"/> Cheese & Bacon	
<input type="checkbox"/> Ham & Pineapple	
<input type="checkbox"/> Hot Dog	\$2.00
<input type="checkbox"/> Plus cheese	\$2.50
<input type="checkbox"/> Noodles	\$2.00
<input type="checkbox"/> Pasta Bolognaise (homemade)	\$3.50
<input type="checkbox"/> Chicken Goujons (each)	\$0.50
<input type="checkbox"/> Nuggets (each)	\$0.50
<input type="checkbox"/> Gluten Free Nuggets (each)	\$0.50
<input type="checkbox"/> Gluten Free Tenders (each)	\$1.00
<input type="checkbox"/> Hot Chicken and Gravy Roll	\$3.00
<input type="checkbox"/> Chicken Burger	\$3.00
<input type="checkbox"/> Lettuce & mayo	\$3.00
<input type="checkbox"/> Salad	\$4.50
<input type="checkbox"/> Garlic Bread (2 pieces)	\$0.50
<input type="checkbox"/> Garlic Bread (half loaf)	\$1.00
<input type="checkbox"/> Garlic Bread (full loaf lunch)	\$2.00
<input type="checkbox"/> Soup (homemade)	\$2.50
<input type="checkbox"/> Fried Rice (homemade)	\$2.50
<input type="checkbox"/> Curried Sausages(homemade)	\$2.50

SALAD PACKS

<input type="checkbox"/> Salad Bowl (with egg)	\$4.50
<input type="checkbox"/> Ham or Chicken Salad	\$6.00

SUSHI ROLL

<input type="checkbox"/> Tuna & Corn	\$2.50
<input type="checkbox"/> California	\$2.50

FRUIT

<input type="checkbox"/> Seasonal fruit	\$1.00
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SNACKS

<input type="checkbox"/> Chips	\$1.20
<input type="checkbox"/> Honey Soy/Sea Salt	
<input type="checkbox"/> JJ's (chicken or S&V)	
<input type="checkbox"/> Fruit Faces bag	\$0.50
<input type="checkbox"/> Muffins/Finger Buns	\$1.50

EXTRAS

<input type="checkbox"/> Beetroot	\$0.50
<input type="checkbox"/> Carrot	\$0.50
<input type="checkbox"/> Cucumber	\$0.50
<input type="checkbox"/> Lettuce	\$0.50
<input type="checkbox"/> Pineapple	\$0.50
<input type="checkbox"/> Cheese	\$0.50
<input type="checkbox"/> Tomato	\$0.50
<input type="checkbox"/> Egg	\$1.00
<input type="checkbox"/> Salad	\$2.50
<input type="checkbox"/> Sauce Sachets	\$0.30
<input type="checkbox"/> Tomato	
<input type="checkbox"/> BBQ	

Add a condiment to any a Hot Dog or Burger for free (eg. Mayo, sauce)

Canteen Information:

Opens: 8:30am
Recess: 11:00-11:20am
Lunch: 12.50-1:40pm
Close: 1:15pm

No iceblocks, sno-cones or other frozen items will be sold at Recess.

Order online at
www.quickcliq.com.au
until 10am

Note: If orders/money are not received by 10.00am, the student will receive a vegemite sandwich.
All products are low fat/low salt/low sugar and are deemed 'school ready' in accordance with the guidelines from the Healthy Canteen's recommendations.

Contact the canteen on 02 49559196 or email plattsburg-p.school@det.nsw.edu.au

**Plattsburg PS
Uniform
Shop**

**CLEARANCE
SALE**

**Limited stock
and sizes**

Girls Tunics
\$20
Micro Mesh Tri-Stripe Polo
\$10
Micro Mesh Shorts Contrast Panel
\$10
Mesh Shorts
\$5

Opening Times
Monday, Thursday and Friday
2:30pm to 3pm

PosterMyWall.com

New Playground Equipment



The new playground was a hit this afternoon with KJ having the opportunity to break it in. The safety barrier will finally come down tomorrow so the whole school will be able to enjoy the new equipment. Additional photos can be viewed on our school website.



Meeting Notice
P&C Meeting
Monday 11th February 2019
9.30am in the library
All Welcome.

Breakfast Club Roster

Monday	Tuesday	Wednesday	Thursday	Friday
3/12/18 Michelle Baurer Kristie O'Brien	4/12/18 Allison NM (Bread Collector) Kylee Burnett Michele Ryan	5/12/18 Kylie Evans (Bread Cutter) Michele Ryan Nabeel Tawfia	6/12/18 Carly Ackerman Nabeel Tawfia Christina Grew	7/12/18 Carly Ackerman Sheridan Uhrig
10/12/18 Michelle Baurer Kristie O'Brien	11/12/18 Kylee Burnett Michele Ryan	12/12/18 Kylie Evans (Bread Cutter) Michele Ryan Nabeel Tawfia	13/12/18 Carly Ackerman Nabeel Tawfia Christina Grew	14/12/18 Carly Ackerman Sheridan Uhrig
17/12/18 Michelle Baurer Kristie O'Brien	18/12/18 Allison NM (Bread Collector) Kylee Burnett Michele Ryan	19/12/18 Kylie Evans (Bread Cutter) Michele Ryan Nabeel Tawfia	School Holidays	School Holidays
School Holidays	School Holiday Bread Collection 8/1/2019 Allison NM 15/1/2019 Allison NM 29/1/2019 Michelle Bauer	30/1/19 Kylie Evans (Bread Cutter) Michele Ryan Nabeel Tawfia	31/1/19 Carly Ackerman Nabeel Tawfia Christina Grew	1/2/19 Carly Ackerman Sheridan Uhrig

Canteen Roster

Monday Sandra Moriarty Odette Radburn
Tuesday Amanda Mikulski
Wednesday Bernadette Jopp Kylie Evans
Thursday Sandra Moriarty
Friday Sandra Moriarty Amanda Mikulski Order online at www.quickcliq.com.au

PLATTSBURG PS PRESENTS

CHRISTMAS IN THE GULLY

DECEMBER 14th | 2 p.m - 6 p.m

RIDES
HAMPER RAFFLE
CLASS PERFORMANCES

BBQ
FAIRY FLOSS
SNACKS/DRINKS

Christmas Hamper Donations

We are asking for new and non-perishable donations for
Plattsburg Public School's
Annual Christmas Raffle.

We have outlined some suggestions for each class to ensure a variety of donations. Donate as little or as much as you like, every little bit is greatly appreciated. You can drop your donations off to the office or the canteen anytime. This is a P&C initiative and all money raised from the Christmas raffle will go towards the new playground.

Raffle will be drawn during Christmas in the Gully.

- ♦ KJ Lollies, confectionary
- ♦ K1M Christmas items eg Bonbons
- ♦ 1/2A Pretzels, nuts
- ♦ 2A Chips, Cheezles etc
- ♦ 2/3FH Biscuits, crackers
- ♦ 3/4K Soft drinks
- ♦ 3/4C Chocolates
- ♦ 5/6R Christmas items eg Candy canes
- ♦ 5/6H Poppers, pop tops
- ♦ 5/6L Chips, biscuits

Christmas in the Gully

Friday 14th December 2018

This year our Christmas in the Gully celebrations will be conducted between 2 p.m. and approximately 6 p.m. Please view the programme below

CHRISTMAS IN THE GULLY PROGRAMME

TEACHER SUPERVISION BETWEEN 2 p.m. - 3 p.m.

2 p.m. - 3 p.m.	<ul style="list-style-type: none"> Students with pre-purchased wristbands enjoy inflatable rides and activities in the Gully Those students who have not purchased a wristband will enjoy a movie/activities in the library
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PARENT/CARER SUPERVISION REQUIRED FROM 3 p.m. ONWARDS

2:50 p.m.	<ul style="list-style-type: none"> All students return to the COLA where rolls will be marked Those students who have a nominated parent/carer to supervise them return to the Gully Those students who do not have a nominated parent/carer to supervise them go home as usual
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FAMILIES ARE ABLE TO JOIN THE CELEBRATION AT ANY TIME CONVENIENT TO THEM

4:00 p.m.	BBQ
5:00 p.m.	<ul style="list-style-type: none"> Activities and Inflatable rides will be packed up Class performances commence
6:00 p.m.	Pack up



No smoking near entrances to or exits from a public building (the 4 metre law)

The *Smoke-free Environment Act 2000* makes a number of outdoor public places smoke-free. Smoking is banned within 4 metres of a pedestrian entrance to or exit from a public building in NSW. This law is called the '4 metre law'.

The '4 metre law' was delayed for licensed premises and restaurants until 6 July 2015. This delay was allowed to support consistent application of the smoking ban on commercial outdoor dining areas from 6 July 2015.

What types of public buildings are covered by the 4 metre law?

Smoking is already banned in enclosed areas of public places in NSW. The law extends the smoking ban to cover the area within 4 metres of a pedestrian entrance to or exit from a public building, such as:

- shopping centres, malls and plazas;
- schools, colleges and universities;
- childcare facilities;
- community centres, halls and places of worship;
- theatres, cinemas, libraries and galleries;
- accommodation hotels and motels;
- professional, trade, commercial and other business premises;
- fitness centres, bowling alleys and other sporting and recreational facilities; and
- Local, NSW and Federal Government premises.

and from 6 July 2015

- licensed premises including clubs and hotels;
- restaurants; and
- cafés.

What buildings are not covered by the '4 metre law'?

Buildings used only for residential purposes such as private houses or multi-unit residential accommodation (such as boarding houses, buildings in caravan parks and residential accommodation in community or strata schemes) are not covered by the '4 metre law'.

Buildings that have multiple uses, such as residential and commercial purposes, will be subject to the '4 metre law' only at those entrances and exits which are used for non-residential purposes.

Does the smoke-free law apply to someone walking along the footpath while smoking as they pass within 4 metres of an entrance to a public building?

No. This situation is not considered an offence, so long as the person does not remain in the smoke-free area while smoking. The purpose of the ban is to stop smokers from congregating immediately outside entrances to or exits from public buildings.

Will there be signage to indicate where smoking is not permitted?

The law does not require signs to be displayed to indicate that smoking is not permitted within 4 metres of a pedestrian entrance to or exit from a public building. This is due to the diverse range of public buildings that are captured under the law.

The law allows NSW Health to work with Local Councils and other Government departments to develop signage appropriate to the different public buildings. 'No smoking' signage is strongly encouraged to support public awareness of the smoking ban.

How will this be enforced?

NSW Health Authorised Inspectors can enforce the ban within 4 metres of an entrance to or exit from a public building under the *Smoke-free Environment Act 2000*.

On the spot fines of \$300 may apply to individuals who do not comply with the '4 metre law', including at hospitality venues from 6 July 2015.

Why is this Act in place?

The number of people who gather just outside the entrances of buildings can be significant. This has the effect of forcing people entering and leaving those buildings to walk through groups of smokers, exposing them to second-hand smoke. Also, smoke drift can easily occur from outside buildings to the indoor areas.

There is no safe level of exposure to second-hand tobacco smoke. This is the smoke which smokers exhale after inhaling from a lit cigarette and the smoke emitted from a burning cigarette.

In adults, breathing second-hand tobacco smoke can increase the risk of heart disease, lung cancer and other lung diseases. It can worsen the effects of other illnesses such as asthma and bronchitis. Exposing ex-smokers to other people's tobacco smoke increases the chance of relapsing to smoking.

For children, inhaling second-hand tobacco smoke is even more dangerous. This is because children's airways are smaller, and their immune systems are less developed. These differences make children more likely to suffer health problems due to second-hand smoke such as bronchitis, pneumonia and asthma.

Creating smoke-free outdoor areas, such as smoke-free entrances and exits from public buildings, supports those who have quit and makes smoking less visible to children and young people.

How does this affect Local Council bans on smoking?

Many NSW councils, under the provisions of the *Local Government Act 1993*, have introduced their own smoking bans. Where these bans are in place, they can continue to be enforced by Local Council rangers.

NOTE: This fact sheet provides general guidance on complying with the *Smoke-free Environment Act 2000*. Please refer to the exact wording of the Act and associated regulations concerning points of law.

For more information

Learn more or report a breach at health.nsw.gov.au/smokefree

Call the Tobacco Information Line on **1800 357 412**.

Non-English speaker?

Call the Translating and Interpreting Service on 13 14 50.



Health

WALLSEND DOG GROOMING

TAKING BOOKINGS NOW! 0417295544 OR FIND US ON FACEBOOK!

Could \$500 help you with school costs?

Join Saver Plus and we'll match your savings, dollar for dollar, up to \$500 for school costs.

laptops & tablets	lessons & activities
uniforms & shoes	books & supplies
sports fees & gear	camps & excursions

To join Saver Plus, you must have a Centrelink Health Care or Pensioner Concession Card, be at least 18 years old, have some regular income from work (you or your partner), and have a child at school or attend vocational education yourself.

Contact
Cynthia Culhane
your local Saver Plus Coordinator

Phone
02 4032 4703
1300 610 355

Email
cynthia.culhane@thesmithfamily.com.au

Web
www.saverplus.org.au

Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ, delivered in partnership with Berry Street, The Benevolent Society and The Smith Family and other local community agencies. The program is funded by ANZ and the Australian Government Department of Social Services. Go to www.dss.gov.au for more information.