



May 2018

Term 2 Week 4

# Newsletter

## Important Dates

**Wednesday  
23rd May 2018**  
Fundraising Brainstorm  
2.45pm to 3.15pm  
Breakfast Club Seats

**Tuesday  
29th May 2018**  
McDonalds Fun Night  
5.30pm to 6.30pm

**Monday  
4th June 2018**  
P&C Meeting  
9.30am in the library

**Tuesday  
5th June 2018**  
Whole School Assembly  
2.15pm in the hall  
Thompson's Pie Drive  
Orders Due

**Tuesday  
19th June 2018**  
Eat It to Beat It  
9.30am to 10.30am

**Wednesday  
4th July 2018**  
PJ Day

**Monday  
23rd July 2018**  
Staff Development Day  
NO STUDENTS

**Tuesday  
24th July 2018**  
Students Return for Term 3

**Tuesday  
11th September 2018**  
School Photo Day

## Principals Message -

We received a great message through the P&C Facebook page last week. A lady who walks her grandson's dog in Col Curran Oval reported that she and her dog were often greeted by some of our students playing in the park. That our students were a credit to the school with their good manners and friendly approach. I have congratulated those students and let their parents know. I do know that sometimes parents can be exasperated by their children's behaviour at home but my observation is you are raising amazing human beings as you juggle all that day to day life throws at you. So, congratulations from me to all our parents and careers. You're doing a great job. This newsletter is always full of evidence to prove that.

## Entertainment Books



We are fundraising with Entertainment Memberships! If you have never had one before, they contain hundreds of dollars' worth of savings from leading restaurants, local activities and retail outlets. If you are an Entertainment Book Member, your 2017/2018 Entertainment Membership is expiring on 1 June 2018.

Please continue to support us by purchasing the 2018/2019 Entertainment Membership  
[www.entertainmentbook.com.au/orderbooks/341668](http://www.entertainmentbook.com.au/orderbooks/341668)

## Parking Around Crossing

Please be aware that the area either side of the crossing located at the front of the school in Boscawen St is NO STOPPING during pick up and drop off times. Please do not park in this area. Parking in this area puts students, parents and staff in danger. Please do not cross the road by entering the Kiss and Road zone. This area is for cars only. Pedestrians are not to use this area. The crossing is the only safe place to cross.





## Plattsburg Chess Team

On Wednesday 9th May, Callaghan College Wallsend School's Chess Team came to Plattsburg and worked with our chess team. The high school students taught our team moves, strategies and game management. The high school students were excellent with their time with our students. A big thank you must go to Mr Noud from the high school for liaising with Mr Hopson in setting up the coaching session.



## Chess Gala Day

On Monday 14th May the Plattsburg Chess Team participated in the Term 2 Gala Day ran by the Sydney Academy of Chess. All students represented the school well and demonstrated great sportsmanship.

I would like to thank all the parents who helped with transport to and from the gala day as it was greatly appreciated.



Chess runs at Plattsburg on Thursday and Friday lunch times and new players are always welcome.  
*Regards, Mr Hopson.*





# Mother's Day



## Mothers Day 2018

Big Thanks to Woolworths Mt Hutton for their kind donation of flowers for our Mother's Day breakfast.



Thank you to everyone who attended the Mother's Day Breakfast. Thank you to the P&C for providing the bacon and egg sandwiches and the teachers for cooking it!

Many thanks to the following businesses that generously donated prizes to our annual raffle:

Cadbury  
Lake Cinema  
Coles  
Reading Cinemas  
Lemongrove Hotel  
Divalinas  
Picture Perfect Hair

The Mothers Day Stall was very busy and there were an amazing selection of gifts for the students to pick from. They all chose carefully and we hoped you loved your gift as much as they did choosing it.

And last but not least our amazing volunteers. We could not run a successful Mother's Day event without you generously donating your time. Our school community appreciates you.





# YOU'RE INVITED TO OUR **FUN NIGHT** AT McDONALD'S®

**RESTAURANT:** WALLSEND

**ORGANISATION:** Plattsburg Public School

**DATE:** Tuesday, 29th May 2018

**TIME: From** 5.30 pm

**Until** 6.30 pm

**McDonald's will donate  
10% of sales during  
this time period!**



**Contact:** Plattsburg Public School - 02 49 559196



## Facebook

Plattsburg Public School has a Facebook page administrated by the P&C .



As shown above it is advisable to 'like' our page and when on a computer (not mobile device) click on the pull down arrow next to 'liked' and click on 'get notifications'. You will then be prompted of posts on our page and be kept up-to-date with activities and news at Plattsburg Public School. Any messages or comments that the P&C administrators cannot answer will be forwarded to the office for more information.

Please respect this page – no negativity is greatly appreciated.

## Lost Property

Autumn has finally arrived and winter well on its way! We have a huge number of jumpers and jackets in Lost Property all waiting for their owners to collect them. In the meantime, there are quite a few shivering students in our school, covered in goosebumps because they can't find their school jacket. If this is your child, then please encourage them to have a look in the box under the COLA for their jacket as soon as possible. Once our jackets are reunited with their lost owners, please ensure that their owner's name is written clearly on the inside so they can be reunited quickly if the jacket gets left behind again.

## Healthy Lunch Box

Cancer Council NSW has launched an interactive Healthy Lunch Box website for families. The task of packing healthy school lunch your kids will love is now easier with Cancer Council NSW's new Healthy Lunch Box website: [www.healthylunchbox.com.au](http://www.healthylunchbox.com.au).

We know that 93% of children don't eat enough vegetables and 22% are overweight. The website includes recipes and tips on how to include more fruit and veg in the family's diet and is complete with an interactive lunch box builder to involve the kids, at home, or on the move with a smartphone or tablet. The website has been launched as part of Cancer Council NSW's Eat It To Beat It program which is running a free workshops for our parents on Tuesday 19th June at 9.30am in the hall. Visit <https://www.cancercouncil.com.au/cancer-prevention/diet-exercise/eat-it-to-beat-it/eat-it-to-beat-it-for-schools/sign-up/> to register

## Premiers Reading Challenge

5th March- 31st August

The challenge aims to encourage a love of reading for leisure and enables students to experience quality literature. It is not a competition but a challenge to each student to read more and to become a life-long reader and learner.

The NSW Premier's Reading Challenge requirements are as follows:

Years K-2 to read 30 books

Years 3-6 to read 20 books, 5 of which may be books of their own choice.

Students need to keep their own reading record online. This can be done at home. Their personal reading record can be set up by using the Premier Reading Challenge 2018 website and logging on, using the username and password each student has to log onto school computers. The first title entered will automatically register the student. Once 20 books have been recorded, a "Congratulations" screen will come up and in December the student will receive a certificate of attainment.

This is not compulsory but completing the Challenge should be of great benefit to your child. See the website for more information [www.online.det.nsw.edu.au/prc/home.html](http://www.online.det.nsw.edu.au/prc/home.html)

## Head Lice

We have had a number of cases of head lice within the school and are asking that you please do your part to support our school community in preventing the spread of this infestation. Please check your child's hair this weekend for nits/lice and if you find any nits or lice commence treatment immediately.

To see nits (eggs) and lice in your child's hair:

- Use a strong light so you can see the nits on the hairs or lice on the scalp
- Use a comb to separate small amounts of hair
- Check the whole head paying particular attention to the area behind the ears and back of the head
- It is essential to REMOVE ALL EGGS by pinching them with your fingernail and pulling them completely off the hair shaft
- Using a hair straightener will also help to kill the eggs.

Treating head lice does not need to be expensive. Treatment with a medicated shampoo is recommended for the first two treatments but the most effective treatment recommended by James Cook University and Westmead Hospital is the "conditioner and comb" treatment, which involves combing conditioner through an infestation and dunking all lice and eggs in hot water to kill them. Store-bought head lice shampoos or white conditioner must be applied to all parts of the hair, ideally with the same precision with which a hairdresser applies colour to hair, doing it in sections and applying it close to the scalp. No head lice product or insecticide currently kills all eggs, but is likely to kill the live lice. The problem is that eggs hatch at various stages of the life cycle and reinfestation occurs if retreatment is not performed. Manual removal of all eggs is the only effective treatment. A complete regime to remove headlice consists of two to four treatments a week. The first treatment kills the climbers, and the second kills the juvenile lice hatched from the eggs over the intervening week. In all headlice cases, a second treatment is needed as no head lice treatment kills 100% of the eggs. You must retreat on day 7 with the same headlice treatment product used previously. Thank you for your cooperation.



# PLATTSBURG PUBLIC SCHOOL



## KINDERGARTEN 2019

## ENROLLING NOW

Checkout our webpage: [www.plattsburg-p.schools.nsw.edu.au](http://www.plattsburg-p.schools.nsw.edu.au)

### WHAT YOU NEED

Enrolment Forms and additional information available at the front office  
Phone: 0249 559196

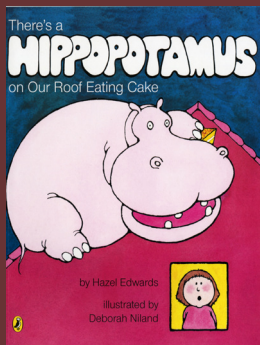
You will need the following documents:

- Proof of residential address
- Your child's birth certificate

Welcome to Plattsburg 2019 Kindergarten



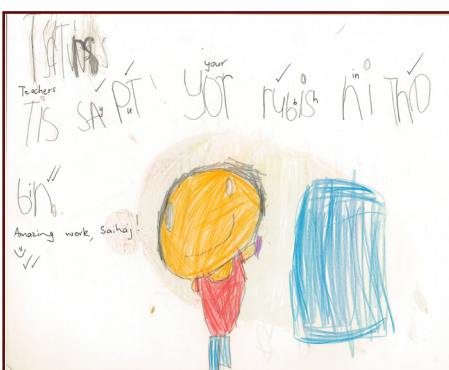
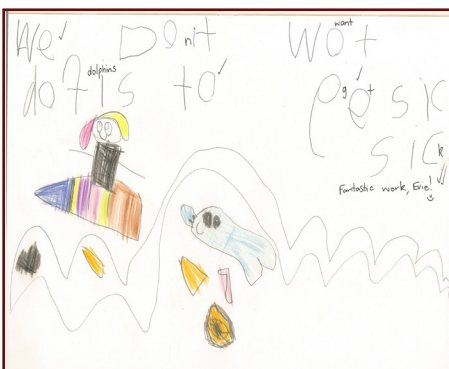
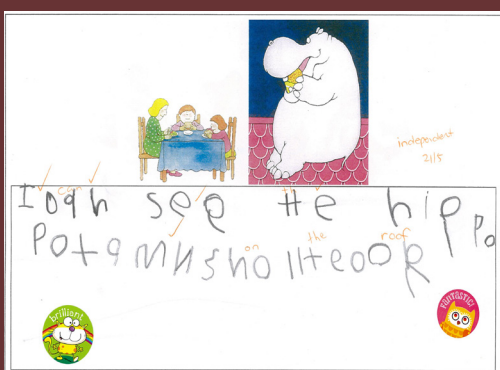
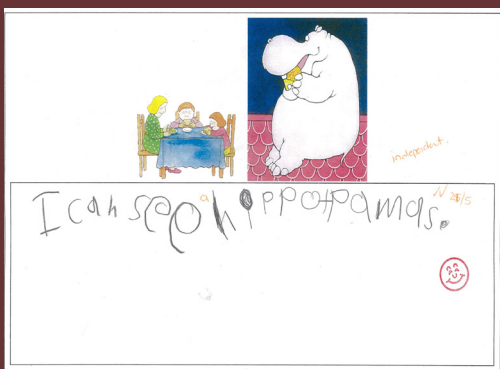
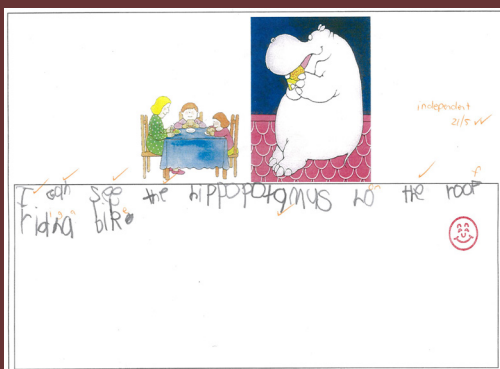
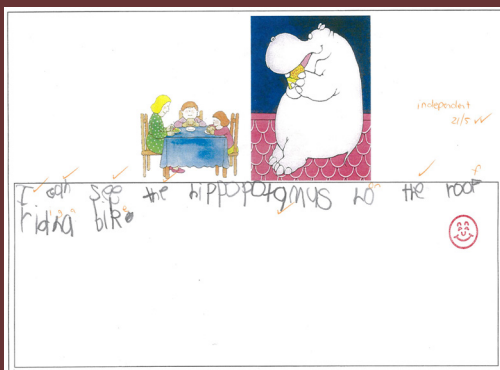
K/1M have been reading There's a Hippopotamus on Our Roof Eating Cake. Students were asked to write a sentence about the story.



# What's Happening in K/1 M

K/1M have been learning about why it is important to put their rubbish in the bin.

Here's a sample of their artwork showing what happens when we litter.



## Cultural Time

Miss Tian talked about bush tucker with the kids in 5/6R during their weekly cultural time.



## Children's University Activity

Children's University Australia have sent through the following link:

[www.woolworths.com.au/shop/discover/fresh-food-kids/kidsfreshfair](http://www.woolworths.com.au/shop/discover/fresh-food-kids/kidsfreshfair)

This event will be on the CUA Facebook Page and on the website this Wednesday as follows:

Woolworths Fresh Food -Kids Fresh Fair that is taking place this weekend (26 - 27 May) at Woolworths stores across Australia.

Complete the Woolworths Fresh Food Kids Fair Booklet at your local Woolworth Store this weekend - the booklet contains activities to complete in the fruit and veg department and then recipes to follow at home to make some delicious, healthy snacks.

You will receive 30 minutes in your Passport for completing all of the activities in the fruit and veggie department - then (if possible) an additional 30 minutes for making one of the recipes in the booklet.

Take your completed Woolworths Fresh Food Kids Fair Booklet and, if you are able to, photos of you making one of the healthy snacks, to Mrs Brooks for a stamp in your Passport to Learning. (Your Passport to Learning cannot be stamped by staff in Woolworth stores).







Don't forget to share some photos on the CUA Facebook Page too - they'd love to see photos of you joining in the activities in the Woolworths store and some photos of you





# Could \$500 help you with school costs?

**Join Saver Plus and we'll match your savings, dollar for dollar, up to \$500 for school costs.**

- |  |  |
|--|--|
|  laptops & tablets  |  lessons & activities |
|  uniforms & shoes   |  books & supplies     |
|  sports fees & gear |  camps & excursions   |

To join Saver Plus, you must have a Centrelink Health Care or Pensioner Concession Card, be at least 18 years old, have some regular income from work (you or your partner), and have a child at school or attend vocational education yourself.



## Contact

Cynthia Culhane  
your local Saver Plus  
Coordinator

## Phone

02 4032 4703  
1300 610 355

## Email

cynthia.culhane@  
thesmithfamily.com.au

## Web

[www.saverplus.org.au](http://www.saverplus.org.au)



Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ, delivered in partnership with Berry Street, The Benevolent Society and The Smith Family and other local community agencies. The program is funded by ANZ and the Australian Government Department of Social Services. Go to [www.dss.gov.au](http://www.dss.gov.au) for more information.

## IF YOU HAVE IDEAS,

## WE WANT TO HEAR THEM

The P&C are raising money to purchase new playground equipment and we want to hear your fundraising ideas. This

# Wednesday 23rd May

## 2.45pm to 3.15pm

around school pick up we want to brainstorm ways to raise the funds. This is a very casual meeting so we can start fundraising. If you have some fun and exciting ideas please stop by and let us know. Alternatively please email [plattsburgpandc@gmail.com](mailto:plattsburgpandc@gmail.com)

## CHOIR

The choir will be performing at the next whole school assembly on **Tuesday 5th June at 2:15pm**. We would love to see you there to hear the girls perform. We are also using some instruments in our performance.



# JOIN US

## FUNDRAISING IDEAS

### WEDNESDAY

### 23rd May

### 2:45pm-3:15pm

### Outside Breakfast Club

We need your ideas on how to raise money for a new playground. Please join us for a short brainstorming meeting. We want to hear all your ideas.



## Meeting Notice

### P&C Meeting

### Monday 4th June 2018

### 9.30am in the library

### All Welcome.

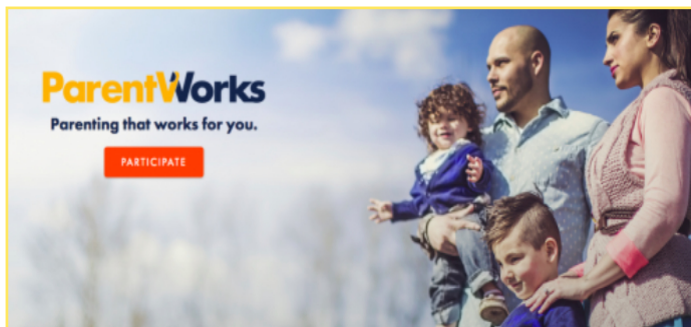
## Breakfast Club Roster

Monday	Tuesday	Wednesday	Thursday	Friday
7/5/18 Robyn Spiteri Michelle Bauer Natalie O'Neile	8/5/18 <b>Melissa Mattson</b> (Bread Collector) Robyn Spiteri Michelle Bauer	9/5/18 Kylie Evans (Bread Cutter) Bernadette Jobb (Bread Cutter) Robyn Spiteri Kirsty Russell	10/5/18 Christina Grew Carly Ackerman Nabeel Tawfia	11/5/18 Carly Ackerman Cassie Kinsela Michelle Ryan Sheridan Uhrig
14/5/18 Robyn Spiteri Michelle Bauer Natalie O'Neile	15/5/18 Robyn Spiteri Michelle Bauer	16/5/18 Robyn Spiteri Kirsty Russell	17/5/18 Christina Grew Carly Ackerman Nabeel Tawfia	18/5/18 Carly Ackerman Michelle Ryan Sheridan Uhrig
21/5/18 Robyn Spiteri Michelle Bauer Natalie O'Neile	22/5/18 <b>Michelle Baurer</b> (Bread Collector) Robyn Spiteri Michelle Bauer	23/5/18 Kylie Evans (Bread Cutter) Robyn Spiteri Kirsty Russell	24/5/18 Christina Grew Carly Ackerman Nabeel Tawfia	25/5/18 Carly Ackerman Cassie Kinsela Michelle Ryan Sheridan Uhrig
28/5/18 Robyn Spiteri Michelle Bauer Natalie O'Neile	29/5/18 Robyn Spiteri Michelle Bauer	30/5/18 Robyn Spiteri Kirsty Russell	31/5/18 Christina Grew Carly Ackerman Nabeel Tawfia	1/6/18 Carly Ackerman Cassie Kinsela Michelle Ryan Sheridan Uhrig

## Canteen Roster

<b>Monday</b> Sandra Moriarty Odette Radburn
<b>Tuesday</b> Kylie Evans Alison Smith
<b>Wednesday</b> Bernadette Jopp Kylie Evans
<b>Thursday</b> Sandra Moriarty
<b>Friday</b> Sandra Moriarty Amanda Wasowski Order online at <a href="http://www.quickcliq.com.au">www.quickcliq.com.au</a>





## PARENTING THAT WORKS

ParentWorks is a free online program for Australian parents and caregivers of children 2 to 16. It provides evidence-based parenting strategies to improve parenting skills, confidence and child behaviour. This means that the strategies in the program have been tested and found to work.

Parents and caregivers may find this program helpful for:

Managing challenging child behaviours such as tantrums, aggression, noncompliance, inattentive or hyperactive behaviour, sibling conflict, getting ready for school and/or bed, and behaviours outside the home, such as problems in the supermarket

Increasing their confidence in parenting

Working as a team with their partner

ParentWorks can be completed in your own home, at your own pace  
[www.parentworks.org.au](http://www.parentworks.org.au)

PosterMyWall.com



Match your savings for school costs, dollar for dollar, up to \$500.

You may be eligible if you have:

- a Health Care or a Pensioner Concession Card
- a child at school or starting next year
- some regular income from work (you or your partner).

Contact Cynthia, your local Saver Plus Coordinator:  
 (02) 4032 4703 or 0418 699 646  
[cynthia.culhane@themithfamily.com.au](mailto:cynthia.culhane@themithfamily.com.au)

Saver Plus was developed by ANZ and the Brotherhood of St Laurence and is delivered in the Newcastle region by The Smith Family.  
 Saver Plus is funded by ANZ and the Australian Government.

**The simplest way**  
to improve the health of your family and save money

### Come to our FREE Fruit & Veg Sense Workshop

**Date:** Tuesday 19<sup>th</sup> June 2018  
**Time:** 9:30am – 10:30am  
**Venue:** Plattsburg Public School

Did you know that eating enough fruit and vegetables all their lives can help protect children against diseases, including some forms of cancer? This **free workshop** run by Cancer Council NSW will show you how you can easily:

- 🕒 **Save time and money making healthy meals**
- 🕒 **Learn clever ways to entice fussy eaters**
- 🕒 **Get a free recipe book simply by attending**

**Don't miss out – registration is essential. To book your place please register no later than 14/06/18 by:**

Calling or visiting the school front office or register online at

[www.eatittobeatit.com.au](http://www.eatittobeatit.com.au)

## GIVE A LITTLE. CHANGE A LOT.

NATIONAL VOLUNTEER WEEK 21-27 May 2018

### Volunteering: Get the Facts

Volunteering Australia's *State of Volunteering in Australia* report found that 46% of people have undertaken informal volunteering, predominantly by taking care of someone in the community.

Research demonstrates that volunteering yields a 450% return for every dollar invested. Nationally, this is an estimated annual contribution of \$290 billion.

Volunteering activities present identifiable benefits to the community, with formal volunteering contributing an estimated 743 million hours to the Australian economy in 2014.

77% of informal volunteers were encouraged to informally volunteer to support those in their community.

#NVW2018  
[volunteeringaustralia.org/nvw](http://volunteeringaustralia.org/nvw)