



Newsletter

Important Dates

**Friday
25th October 2019**

Wear Red for Daniel
Morcombe

**Tuesday
5th November 2019**

Whole School Assembly
2.15pm

**Saturday
23rd November 2019**

P&C Bunnings BBQ
Wallsend.
Volunteers required

**Friday
13th November 2019**
Kindergarten Information
Evening. 5pm - 6pm

**Thursday
5th December 2019**
Year 6 Farewell

**Wednesday
11th December 2019**
Presentation Day
Christmas in the Gully

Principals Message -

What an amazing way to end Term 3 with a Colour Run! Our kids were behaved all day and left for the holidays with smiles and laughter. Great job P&C and thank you to all the parent volunteers that made the event so great. This is always the fastest term of the year. There is so much to do and the time just runs out. We are busy with transition to high school and transition to kindergarten. We're already busy with our Presentation Day performances and Christmas in the Gully celebrations. Please don't forget our St James Lodge Scholarships for current year 4 and 5 students! Applications close next Friday. Some great news to share is that the school will be having significant painting and carpet replacement. Long overdue, our hall in BLOCK B and two classrooms will be given a facelift inside and out. The Kindergarten building will have internal painting and new carpets. This is going to cause some disruption but it will be a real pleasure for students and teachers to have freshly painted and carpeted rooms.

CALLAGHAN EDUCATION PARTNERS
SHOWING 31 OCT 2019
FILMS BY CALLAGHAN

AT CALLAGHAN COLLEGE WALLSEND CAMPUS
Macquarie Street, Wallsend 4:30 - 9.00pm

Premiering Short Films
18 CEP SCHOOLS ON THE BIG OUTDOOR SCREEN
Tickets \$5 EACH OR \$10 FOR A FAMILY OF 4
ON SALE AT ALL PARTICIPATING SCHOOLS

Come dressed up in Halloween costumes, come for the fun and stay for the films!
Complete the TRICK OR TREAT CHALLENGE, plus jumping castles and other fun activities.
Lots of food and drinks, including vegetarian, vegan, ice cream and sweets.
Get your family and friends together, we can't wait to see you there!!

Proudly supported by: **PHOTOLOOK** newcastle **BUNNINGS** warehouse **K** **PERFORMING** at 8.30pm

Digital Media Festival

Plattsburg Public School is performing at the CEP Outdoor Digital Media Festival on Thursday 31st October 2019 at Callaghan College Wallsend Campus commencing at 4:30pm. Tickets are available from the office. Thank you for supporting this very special event.

This year the Digital Media Festival will have 18 schools participate in this event, the Marching Koalas will also be there along with stalls and three jumping castles. The event is a Halloween theme so dress up and get into the spirit of Halloween.

Colour Run

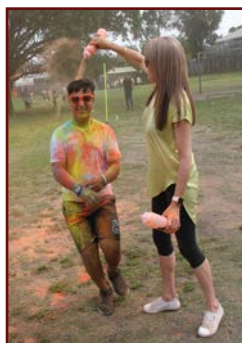
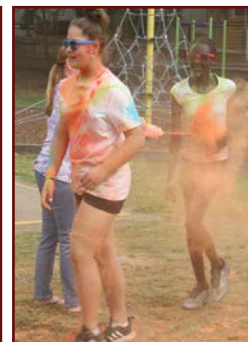
What a fun way to end the term! The students had a jam packed day on the last day of Term 3 beginning with a mandatory evacuation drill. The whole school are now updated on how to proceed if the martians attack. They walked the 1 km to Plattsburg Park where they had a quick rest while enjoying a nice cold ice block before returning to school.

Students then enjoyed a delicious sausage sizzle before all the excitement of the Colour Explosion Fun Run.

Students ended the term on a colourful high with teachers commenting on how happy the students were on leaving school.

A HUGE thanks to all our valued volunteers who helped today and the the past students who came back to Plattsburg to help.

Thank you to all the students who gained sponsors which raises funds for the P&C which in turn will go back into the school and the students to better their education and schooling experience.





PLATTSY CHRISTMAS APPEAL for the Salvation Army

Food: non-perishable, preferably with a long storage date, that can be used by families over the Christmas and New Year period. Christmas goodies.

Unwrapped gifts: The reason we request unwrapped presents is to allow parents to personally select suitable gifts for their children. This is a more dignified way of allocating gifts. Gifts can be placed in Christmas bags or just unwrapped.

Donations of Christmas wrapping paper, bags or decorations would be useful as parents of children receiving the gifts can wrap them themselves.....all the more fun and joy for those families

GIFTS URGENTLY REQUIRED THIS YEAR

Toddlers: 1-3 years, safe toys

Soft toys: The Salvo's have an abundance of soft toys so we ask that wherever possible you refrain from donating soft toys.

Boys and Girls: Age 12+ Teenagers

THANK YOU for your generosity in helping to make Christmas special for ALL children.

PLEASE DROP YOUR GIFT UNDER THE CHRISTMAS TREE IN THE ADMIN FOYER TERM 4 OR GIVE TO
Ms Bridge before Friday 30 NOVEMBER 2019.

FOR EMERGENCY RELIEF PHONE 1300656336 or visit www.samaritans.org.au



Sonia Hornery Christmas Card Competition

Each year I normally conduct a competition with some local schools to design the front of my Christmas cards. This year I am going to slightly change it. This year it is open to anyone living in Wallsend the electorate. The winner will have their design displayed on my card, with credit plus a prize. All designs must be hand drawn original design of what you think Christmas in the Wallsend electorate means to you. Get drawing! **Designs must be submitted to my office by 4pm, Friday 25 October.**

Sun Safe

In the lead up to peak UV season, here are some things tips to minimise your risk in the sun.

UV Index

11+

Extreme

8,9,10

Very High

6,7

High

3,4,5

Moderate

1,2

Low

Sun protection is generally not needed unless outside for extended periods

5 ways to protect yourself



Slip on sun-protective clothing



Slop on SPF30+ sunscreen. Reapply every 2 hours



Slap on a broad brimmed hat



Seek shade



Slide on wrap-around sunglasses

- stay in the shade where possible when outdoors and encourage students to play in shaded areas.
- wear sunscreen, a hat and sunglasses when on outdoor duties. Sunburn can occur within 30 minutes so even if you are only outdoors for a short period of time, use sun protection.
- wear protective clothing that provides good coverage. Loose and light protective clothing is best during the summer months when you might be outdoors for a long time.
- plan outdoor activities outside peak UV times (before 10am and after 2pm). If you are in the sun outside peak times, it is still important to protect yourself from the sun.
- UV radiation can also occur when it's cloudy so make sure you protect yourself on cloudy days.
- if you can't avoid being in the sun for long periods of time, take regular breaks in the shade or cooler areas. Make sure you also drink plenty of water and stay hydrated.
- check the UV index when planning outdoor activities. If the index is extreme, take plenty of breaks in the shade.

Fact Sheet

Travel safe



Travelling to school or other familiar places by themselves is an opportunity for children to develop confidence and new skills. Many children start travelling independently in primary school. Parents and carers can help their children make the move to independent travel by using a few simple safety tips.

Recognise, React and Report

When teaching travel safe skills it's important to remember the following general safety advice for children:

Recognise - What's happening around you? Are you safe?

React - What can you do if the situation is not safe?

Report - Tell an adult at home or school if something is not ok or you don't feel safe.

Parent and carer responsibilities:

- Practice catching public transport, riding or walking the route together until your child is confident
- Know the timetable and how long it should take for your child to reach their destination or home
- Create a safety test for your child to pass before they can travel independently (ie ask them to lead the walk to school and demonstrate the safety skills they have when crossing roads)
- Very young children should always walk or ride with an adult or older child
- Make sure your child has your contact details and knows how to reach you. This might mean your child needs a mobile phone
- Develop a safety plan together about what to do if there is an issue (such as a bus not stopping, missing a train or falling off a bike)
- Make sure bikes and scooters are well maintained, that car seats are available and that your child has all the safety equipment required
- Always tell your child exactly who will be picking them up and what time
- Make sure you have met other parents or carers providing transport
- Ensure you have contact numbers of parents and emergency contact details for all children you transport and that others have the same for you and your child
- Ask to see licence and or insurance details for any drivers and ensure the vehicles are road worthy and safe

SAFETY TIPS

When using public transport there are rules we all have to follow.

Being asked to leave or get off a bus, train, tram or ferry because of disruptive behaviour can be a safety issue for a child. It's important to remind them of their responsibilities when catching public transport.

Create a family password to be used by anyone who is picking up your child. If they do not have the password, your child does not go with them

Safety tips to teach your child

Public transport (bus, train, tram, ferry)



- Know the timetable and how many stops between home and school
- Always have a travel pass or money to pay for a ticket
- Travel with siblings or friends if possible
- Sit where the driver can see you (particularly for younger children)
- Wait in a safe place, standing back from the edge of the road or platform
- If catching a bus, make sure the driver can see you waiting and hail the bus by raising an arm in the air
- When getting off transport make sure it is a safe place like the footpath or platform
- Always wait for the bus or tram to leave before trying to cross a road
- Ensure it is clear, left and right before crossing the road. Do not try to cross from behind or in front of a bus or tram
- Always stay on the platform, never walk on railway lines
- If you miss the bus, tram, train or ferry or it doesn't stop, implement the safety plan
- Talk to a trusted adult at school or home if you ever feel unsafe

No child left behind principle

Some bus companies follow this principle. It is not a law. It is in place to ensure that children are not left stranded at bus stops.

It means drivers cannot leave a child at a bus stop if they do not have a bus pass or they don't have enough money to pay the fare.

It is important that children do not take advantage of this principle. It is the responsibility of parents and carers to ensure children have their bus pass or money to pay for the fare.

If your child is dropped off before their stop or is not allowed on the bus you can write a formal letter to the bus company or Transport Minister in your state or territory.

Walking

- Choose the safest route to school and back
- Use basic road safety skills such as how to safely cross the road and only ever crossing when the green walk signal is active at lights or at a pedestrian crossing
- Walk with siblings or friends if possible
- Always walk towards traffic but on the footpath or nature strip
- Be safety aware and on the lookout for hazards such as reversing cars
- When using headphones, only use one earpiece to stay alert to other noises like traffic or people
- Do not make stops along the way (ie to play in the park) unless this has been discussed and agreed to
- Do not accept a lift from anyone who is not known. Remember the family password rule
- Talk to a trusted adult at school or home if you ever feel unsafe



Bike, scooter or skate board



- Always wear shoes, appropriate clothing and a helmet when riding, make sure it is fitted properly
- Stay on the footpath or a bike path if possible and make sure to look out for cars and pedestrians
- If there is no choice but to ride on the road, stay to the left and leave 1 metre between any other bikes or vehicles
- Understand the road rules for bike riding including the hand signals for indicating direction
- If riding in low light use lights and reflective clothing
- Travel with siblings or friends if possible
- Bikes and scooters are designed for one rider, doubling is illegal and unsafe
- Although it's not illegal to use headphones while riding, it's important to be alert to traffic or people noise. If wearing headphones use only one earpiece



Education

High Performing Students Team

Applying for Year 7 entry to selective high schools in 2021

Thinking of applying for
a government selective
high school for Year 7
in 2021?

You must apply online at:

education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-7



Key Dates

Application website opens:
8 October 2019

Application website closes:
10 pm, 11 November 2019
You must apply before this deadline.

Test authority advice sent to all applicants:
27 February 2020

Selective High School placement test:
12 March 2020

Placement outcome information sent
overnight on:
4 July 2020

**Please read this booklet carefully before
applying.**

Parents should check the website at
education.nsw.gov.au/shs-oc regularly
throughout the application and placement
process.

Please check the website for information
before you contact the Team.

The Selective High Schools placement process for Year 7 entry is administered by the High Performing Students Team*.

Contact Details:

High Performing Students Team, NSW Department of Education
Email: ssu@det.nsw.edu.au
Telephone: 1300 880 367
Fax: 02 9266 8435
Postal Address: Locked Bag 53, DARLINGHURST NSW 1300
Facebook: <https://www.facebook.com/groups/772251106301086/>

Please Note:

* In this document, the High Performing Students Team is referred to as the Team.

'Parent' is defined under the Education Act, 1990, as a 'guardian or other person having custody or care of a child'

Intention to apply for Year 7 entry to a selective high school in 2021

Dear Parent/Carer

Selective high schools cater for academically high potential and gifted students who may otherwise be without sufficient classmates of their own academic standard. Selective schools help these students to learn by grouping them with students of similar ability, using specialised teaching methods and materials.

Selective high schools are unzoned so parents can apply regardless of where they live. Applications for selective high school placement are considered mainly on the basis of the Selective High School Placement Test results and school assessment scores. The Selective High School Placement Test will be held on **Thursday 12 March 2020**.

If you would like to have your child considered for Year 7 selective high school entry in 2021, you need to apply on the internet using a valid email address (not the student's email address).

Detailed instructions on how to apply online will be available from late-September 2019 at <https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-7>.

The application website opens at that link on **8 October 2019** and closes at **10pm on 11 November 2019**. **You must apply before the closing date.**

There are no paper application forms. If you do not have internet access, you could apply at a public library. If you have a disability that prevents you from using a computer, you can contact the Unit for assistance after 8 October 2019.

You must submit only **ONE** application for each student.

Remember: the tear-off slip below is NOT an application and the school cannot apply on your behalf.

Yours sincerely

Principal

Cut along the dotted line and return the completed slip below to this school by next Friday.

Note: THIS IS NOT AN APPLICATION FOR ENTRY TO A SELECTIVE HIGH SCHOOL. This is a notice to your primary school only that you **intend** to apply.

TO APPLY YOU WILL NEED TO REGISTER AND THEN APPLY THROUGH THE HIGH PERFORMING STUDENTS WEBSITE.
<https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes>

Intention to apply for Year 7 entry to a selective high school in 2021

Student's name: _____ Class: _____

I intend to apply for selective high school entry in Year 7 in 2021 through the High Performing Students Team website between 8 October 2019 and 11 November 2019.

Yes ☐

No ☐

Signature of parent/carers: _____ Date: _____

Note: THIS IS NOT AN APPLICATION FOR ENTRY TO A SELECTIVE HIGH SCHOOL. This is a notice to your primary school only that you **intend** to apply.

TO APPLY YOU WILL NEED TO REGISTER AND THEN APPLY THROUGH THE HIGH PERFORMING STUDENTS WEBSITE.
<https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes>



Price INCREASE

Term 1 - 2020

Plattsburg
Canteen Price
Increase

Sausage Rolls \$2
Party Pies \$2
Large Pies \$3

Made with PosterMyWall.com

Cancer Council
Healthy Lunch Box

Nutrition Snippet

The simplest way

... to pack lunches for kindy kids.

Packing lunch boxes for the first time can be overwhelming. Here are our top tips for new kindy parents:



- Pack something from each of the 5 food groups plus water. Check out our [lunch box builder](http://healthylunchbox.com.au) for ideas.
- Keep foods fresh and safe by packing an ice brick or a frozen water bottle to keep lunch cool.
- Make sure your child can open the lunch box and containers.
- From day 1, make vegetables a habit in the lunch box.
- Remember it is 'OK to say NO' to unhealthy foods such as chips, chocolate and lollies.
- For recipes, snack ideas and lunch box examples visit healthylunchbox.com.au

healthylunchbox.com.au



Meeting Notice
P&C Meeting
Monday 11th November 2019
9.30am in the library
All Welcome.

Breakfast Club Roster				
Monday	Tuesday	Wednesday	Thursday	Friday
21/10/2019 Michelle Baurer Kayla K	22/10/2019 Michelle (Bread Collector) Michelle Baurer Nabeel Tawfia Kayla K	23/10/2019 Nabeel Tawfia Shahn Bread Cutter	24/10/2019 Kylie Evans	25/10/2019 Carly Ackerman Melanie
28/10/2019 Michelle Baurer Kayla K	29/10/2019 Michelle (Bread Collector) Michelle Baurer Nabeel Tawfia Kayla K	30/10/2019 Nabeel Tawfia Amanda Bread Cutter	31/10/2019 Kylie Evans	1/11/2019 Carly Ackerman Melanie
4/11/2019 Michelle Baurer Kayla K	5/11/2019 Allison (Bread Collector) Michelle Baurer Nabeel Tawfia Kayla K	3/11/2019 Nabeel Tawfia Christina Bread Cutter	4/11/2019 Kylie Evans	5/11/2019 Carly Ackerman Melanie

Canteen Roster
Monday Sandra Moriarty
Tuesday Sandra Moriarty
Wednesday Bernadette Jopp Clare Woodrow
Thursday Sandra Moriarty
Friday Sandra Moriarty Odette Radburn Amanda Walker (25/10)
Order online at www.quickcliq.com.au

Ex-Plattsy Students Business Success

October is Small Business Month, dedicated to promoting and celebrating the success of small businesses and recognising the important role they play in the NSW economy and their local communities. Throughout the month Sonia Hornery has been highlighting some small local homegrown businesses. Today it is The Newcastle Chilli Bros.

Matt Lethbridge and Adrian Drummond met in the school playgrounds at Plattsburg primary school in 1985 and have been mates ever since.

Earlier this year they purchased some glass bottles and filled them with their sauce and promoted it on Facebook. They were blown away with the response and the rest is history.

They started with an original sauce in 3 heat levels - Mild, Hot and Extra Hot. Since then they've gone on to produce 7 varieties of Newcastle's best sauces, Chilli BBQ, Chilli Ketchup, Sweet Chilli and Sriracha sauces with Chilli Satay and Chilli Chocolate in the pipeline. Published with permission from Sonia Hornery MP.



Malikye's impressive dinosaur chalk drawing.
Great artistry, Malikye!



Cooper Marks was today presented with his 2019 Cross Country Representation medal. A fantastic achievement to participate at a National level. Well done, Cooper.



Buy. Share. Save.

JOIN a Food Hub

- 🍅 Prices 30-40% lower than supermarkets
- 🍏 Direct from farmer/wholesaler
- 🍅 Super Fresh
- 🍏 Fruit, veg, eggs, bread and groceries
- 🍅 Reduced packaging and food miles
- 🍏 Pick up from neighbour or home-delivered

www.boxdivvy.com.au


Cut your food



Your nearest Hub is at:

Encounter Church
55a Wentworth Street
Wallsend
<https://www.facebook.com/pg/Wallsend-Encounter-Church-105876967497398/>

Weekly pick up time:
10am – 12 pm Saturday
Pick Up/Home delivery:
Pick up only

Box Divvy is a member of
 Western Sydney Diabetes





Introducing your schools online ordering platform

Register today!
It's quick & easy.



A simple way to order online



Visit our website to
sign up and register
www.quickcliq.com.au



Add credit to your online
wallet to use when required
No more money in envelopes!



Pay and place your order,
it is that quick and easy
Food orders, uniforms & more

More information on how to **Get Started** is on the back.

Need help

Phone or email us - Monday to Friday, 7.30am - 4.00pm

Call 1300 11 66 37 | support@quickcliq.com.au





Welcome to QuickCliq

ORDER YOUR CHILD'S MEALS ONLINE

New to Quickcliq? SIMPLY REGISTER AT:
www.quickcliq.com.au

Select **SIGN UP** and fill out your details to register

Once you have an account, log in & select **ADD STUDENT** and enter in your child's details: Name, School, Year, Class & Teacher.

TO ORDER: Select **MEAL ORDER** from your account homepage.

Step 1 - Select Child

The screenshot shows the QuickCliq ordering interface with four steps highlighted by arrows:

- Step 1 - Select Child:** Points to the 'Select a Child' section, which includes a dropdown menu for 'Please select a child:' (showing 'Tina'), 'Health Warnings:' (Nut Allergy), and 'Canteen Notes:' (Vilko is the best).
- Step 2 - Select Date:** Points to the 'Select a Date' section, which includes a date picker for 'Please select the date you are ordering for:' (showing '19/07/2019') and a 'CLEAR SELECTION' button.
- Step 3 - Select your items:** Points to the 'Select Meals' section, which includes an 'ADD TO CART' button, tabs for 'First Break' and 'Second Break', and a list of items: 'Recess Items' (Cheesies \$0.60, recess item \$0.05), 'Drinks', and 'Meal Deals'. There is also an 'ADD TO CART' button at the bottom of this section.
- Step 4 - Click PAY & PLACE ORDER:** Points to the 'Confirm Order' section, which includes a 'Confirm your order' heading, 'Current First Break Order Items' (Cheesies X1 = \$0.60), 'Service charge: \$0.19', 'Sub Total: \$0.6', 'Additional instructions:', 'Characters left: -10', 'Voucher:', 'Grand Total: \$0.79', and a 'PAY & PLACE ORDER' button.

Step 2 - Select Date
 from drop down calendar

Step 3 –
 Select your items from the various break options
 Click ADD TO CART

Step 4 – Click PAY & PLACE ORDER

PLEASE PLACE YOUR ORDER BEFORE THE CUT OFF TIME

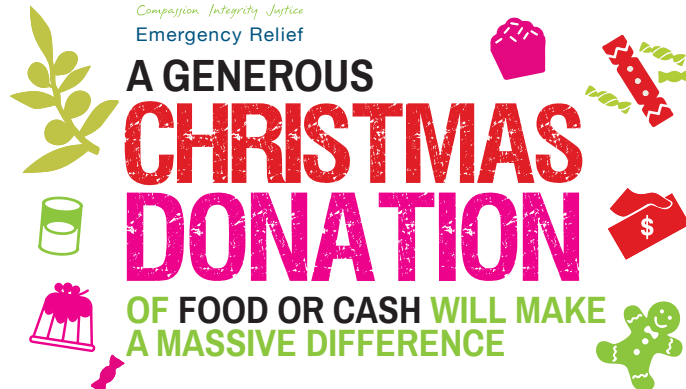
If you need any assistance ordering online, please contact QuickCliq - 1300 11 66 37 or info@quickcliq.com.au

CHRISTMAS GIFT IDEAS

While many people enjoy giving the traditional soft fluffy toy at Christmas, the desperate need is for all types of gifts for all ages!



Please remember, many of our clients can not necessarily afford battery operated items. PLEASE DON'T WRAP GIFTS. THE GIFTS ARE WRAPPED ONCE THE GIFT HAS BEEN CHOSEN.



CHRISTMAS SUGGESTIONS	ESSENTIAL ITEMS	NON-PERISHABLE FOOD SUGGESTIONS
Christmas Puddings Bon Bons Tin Ham Lollies Shortbread Tin Fruit	Nappies Baby wipes Toilet paper Toothpaste Toothbrush Soap Deodorant Shampoo/conditioner	Shaving gear (cream/razors) Toiletry bags Moisturiser Hand towel/washer Washing powder Cleaning products (Bathroom/Kitchen) Cereal Long-life milk Pasta/Sauces Tea/Coffee Tinned meals Soup (packet and tin) Baked beans Spaghetti
Fruit Cake Chocolates Mince Pies Serviettes Long-life Custard Peanuts		Rice Softdrink Children's lunchbox snacks Tinned fruit Tinned vegetables Spreads (jam, vegemite) Tinned tuna/salmon Pet food

SAMARITANS IS ALWAYS IN NEED OF NON-PERISHABLE FOOD RESERVES and they need your help to restock the shelves, especially at Christmas Time.

PLEASE HELP TODAY!
Your donation is so important
Phone - 1300 656 336
or visit www.samaritans.org.au

Thank you for making a difference in our community this Christmas.

PLAY LEAGUE STARS:

WHEN: 6/11/2019 - 27/11/2019
TIME: Wednesdays 4:00pm - 5:00pm
WHERE: Les Wakeman Field
19 Hyndes St, West Wallsend




ALDI MINIROOS FOR GIRLS KICK-OFF PROGRAM

Optional jersey available for just \$20

- An introductory football program for girls aged 4 – 9 years
- Eight week program starting from 21 October to 9 December 2019
- Includes a FREE Participant Pack!
- Cost – \$100!

USE YOUR ACTIVE KIDS VOUCHER FOR THE PROGRAM!

Register now and receive a FREE PARTICIPANT PACK!

FIND A PROGRAM CLOSE TO YOU AND REGISTER NOW
www.northernnswfootball.com.au

NORTHERN NSW FOOTBALL